

Big Assets

Four hundred thousand people take a CASCARET every night—and rise up in the morning and call them blessed. If you don't belong to this great crowd of CASCARET takers you are missing the greatest asset of your life.

CASCARETS are a box for a week's treatment, all druggists, biggest seller in the world. Million boxes a month.

Sioux City Directory

RUPTURE CURED in a few days without pain or a surgical operation. No pay until cured. Send for literature. DR. W. J. MARX, 602 Farmers Loan & Trust Bldg., Sioux City, Iowa.

Established 30 Years



Floral emblems and cut flowers for all occasions. SIoux CITY, IOWA

Take This to Heart. Some men work harder trying to get out of doing a thing than it would take them to do it.—Exchange.

Users of Trask's Ointment for Piles should read Dr. Wm. J. Marx's new "Practical Study of Piles" sent free by D. Ransom, Son & Co., Buffalo, N. Y.

A Terrible End. "He met with a hard death." "How was that?" "Suffocated by his own hot air in a telephone booth."

A Way of Getting Even. Hewitt—When I asked the old man for his daughter's hand he walked all over me. Jewett—Can't you have him arrested for violation of the traffic regulations?

The Point of View. This is a true story. A certain belle was present at a recent Chopin recital. During the "March Funebre," her eyes glistened and her whole attitude of rapt attention was as if the music had entranced her very soul. Her whole face was expressive of admiration and intense interest. When the pianist had finished the concert of Miss "Helle" turned to her and said: "How beautiful!" To which she replied: "Yes, indeed; doesn't it fit her exquisitely in the back? How much do you suppose it cost in Paris?"

A Woman's Letter. Women, it is generally admitted, write better letters than men. M. Marcel Prevost has discovered the reason for this superiority. "The obvious meaning is never the one we should read into a woman's letter. There is always a veiled meaning. Women make use of a letter just as she employs a glance or a smile, in a way that is carefully thought out, and with an eye to effect. And, after all, her head? Does a woman's parol keep of the sun? Why, then, should a woman's letter serve to convey her real thoughts to the person addressed, just like the letters of some honest grocer, who writes, 'I send you five pounds of coffee,' because he really does send you five pounds of coffee."

IN HER LINE.

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A dynamo, perfect in every detail, but weighing only a quarter of an ounce, has been made by a French electrician.

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HONEST CONFESSON

A Doctor's Talk on Food.

There are no safer set of men on earth than the doctors, and when they find they have been in error they are usually apt to make honest and manly admission of the fact.

A case in point is that of a practitioner, one of the good old school, who lives in Texas. His plain, unvarnished tale needs no dressing up:

"I had always had an intense prejudice, which I can now see was unwarrantable and unreasonable, against all much advertised foods. Hence, I never read a line of the many 'ads' of Grape-Nuts, nor tested the food till last winter.

"While in Corpus Christi for my health, and visiting my youngest son, who has four of the ruddiest, healthiest little boys I ever saw, I ate my first dish of Grape-Nuts food for supper with my little grandsons.

"It became exceedingly fond of it and have eaten a package of it every week since and find it a delicious, refreshing and strengthening food, leaving no ill effects whatever, causing no eruptions (with which I was formerly much troubled), no sense of fullness, nausea, nor distress of stomach in any way.

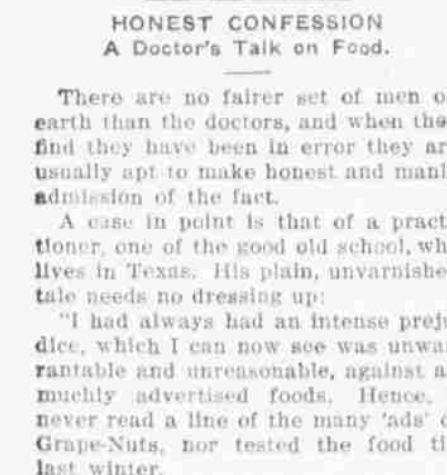
"There is no other food that agrees with me so well, or sits as lightly or pleasantly upon my stomach as this does.

"I am stronger and more active since I began the use of Grape-Nuts than I have been for 10 years, and am no longer troubled with nausea and indigestion." Name given by Postum Co., Battle Creek, Mich.

Look in pigs for the famous little book, "The Road to Wellville."

"There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.



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With the World's Workers

REVIEW OF PROGRESS THAT IS BEING MADE ALONG ALL LINES OF ENDEAVOR

HER BLUFF WORKED SOLVES BIG PROBLEM

Low Girl in Need Secured a Situation.

MANAGER KNEW HIS BUSINESS

Probably Reasoned That Applicant in Her Position Would Work Hard to Keep the Job That He Had to Offer.

"Why d'you leave your last position?" the boss asked of the girl who said she worked for Sprague & Sprague.

"I wasn't exactly forced to leave," she answered, ingeniously; "the manager's niece came along and took my place, and as this forced me to the shipping department, where there was no chance for promotion or the same salary, I left of my own free will, for I knew I could do better elsewhere."

"Let me see. Mr. Jay is manager at Sprague's, isn't he? I didn't know he had a niece, at least none with business training," the boss yawned, indifferently.

"It may have been his cousin or aunt or sister, anyway she was related. I was told," replied the applicant—not so indifferently, for the pink spot in her cheek was getting pinker. "Do you live with your parents?" asked the gentle ogre again.

"Yes," replied the applicant, with perceptible hesitation. "What do you do mostly after business hours?" was the next question. "Of course, I read some," stammered the hopeful one, getting less hopeful. "Sometimes I do a little sewing for my cous—my aunt, I mean."

"What is your father's trade or business?" he asked, with another comfortable yawn. "Is he engaged downtown?"

The candidate was so new at the art of bluffing and simulation that her tongue fluttered miserably between eyes and no and her expression revealed the true situation. There was no father in town, no mother, not even a cousin or an aunt.

The manager was shrewd and observant and he could readily pick out the girl who tries to get a position on the strength and courage of her bluffs. The girl left the office dejectedly. It was so evident to her that the boss thought her whole story a fiction.

A transparent fib pure and simple, and he had mentioned that he needed a girl of perfect integrity.

It was the most heartening surprise to her when the next morning she received a letter asking her to appear at the office ready for work the next morning at 9. The only way she figured it out was that a kind providence had given him the intuition to feel her desperate condition and need of a place.

All bosses are not alike in their reason for quizzing and cross-questioning, but it may safely be said of this one that he at least had the intuition to see that a girl who must bluff hard to get a position naturally works hard to keep it.

Sterilization of Milk. A Russian chemist claims to have solved the problem successfully of sterilizing milk without altering its fermenting and antitoxins. An ordinary boiling process or heating even to 62 degrees C. will make milk inert, while the Russian's method of bringing it so rapidly to a temperature of 80 degrees C. that the ferments are not altered is just as effective so far as the thoroughness of the sterilization is concerned. It is done in this manner: The milk is forced into the heated vessel in the form of a spray which breaks it up into globules. It is at once condensed and drawn off into a receiver to cool. An air spray has no effect upon the character of the milk, but a steam spray of course dilutes it about 10 or 15 per cent.

Aluminum Coins Objectionable. The French government has been considering for some time the adoption of aluminum money, but it has finally rejected the proposition. After making a study of the weight of money, it was concluded that the coins of lesser value were so cumbersome that they were objectionable in the pockets on account of their weight. The aluminum coins which were struck for consideration were so elusive that they slipped out of the pockets and through the fingers on all occasions, and for this reason the coiners decided that there would be as much opposition to their use as there is now to the weighty piece. A compromise is to be effected, however, by using a bronze-aluminum alloy, which, if adopted, will cut the weight of the present coins in half.

Can Sit at Their Work. To make a barber's work less laborious there has been patented a stool made of a bicycle saddle, supported by a light upright mounted on wheels and designed to swing around a chair.

To Prevent Dry Rot. Dry rot is readily prevented, and there is really no excuse for allowing it to attack anything that can be reached with a brush. Chloride of zinc is the best preventive, and the preparation of it is as follows: Dissolve 100 parts of crystallized white vitriol in 250 parts of water, and to this add fifty parts of common salt. Heat and set to cool. Sulphate of sodium will form and separate itself from the chloride of zinc by crystallization. This can be colored, if desired, with Van Dyke brown and applied to any surface with a brush.

Science Notes.

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TAKE TIME TO PLAY

MANY OTHER THINGS IN THE WORLD BESIDES WORK.

Over-Enthusiasm Probably as Bad as a Lack of Real Interest in One's Business.

It may seem somewhat paradoxical to say that a girl may take too much interest in her work, but it is never the less true. Of course, there is the class of girl (and she might be called almost typical she is so numerous) who is merely poised, so to speak, on her position temporarily, waiting until she shall flutter away to a husband and a home, but there is also the girl who becomes so wrapped up in her work that only on the rarest occasion can she take a peep beyond the narrow horizon that bounds it. She works early and late until she is practically a nervous wreck, and is imposed upon quite as a matter of course.

Of course, it is a truism that she who wishes to succeed must put her whole heart into her work. This is self-evident. But there is a sane and safe level between neglecting one's work and living for that and nothing else. The good worker should also be a good player, and above all she should learn to drop her work when she leaves the office or schoolroom or workshop, and learn to take an interest in something outside her own little base of operations.

People quickly get the habit of avoiding as if she were a pestilence the girl who is constantly quoting the "boss" or bragging of the quantity or quality of the work she does. The amusing things that happen at the office are legitimate subjects for conversation, and will be welcomed when recounted at home or at the boarding house, but the purely business details contain as a rule not the least glimmering of interest for the outsider.

This kind of girl becomes rather a nuisance to the "boss" himself in time, for she is always ready to take offense at anything which she considers a slight. Many girls undergo real suffering by having certain work which they were in the habit of doing given to some one else, when it should have been regarded as a relief and a kindness done to them.

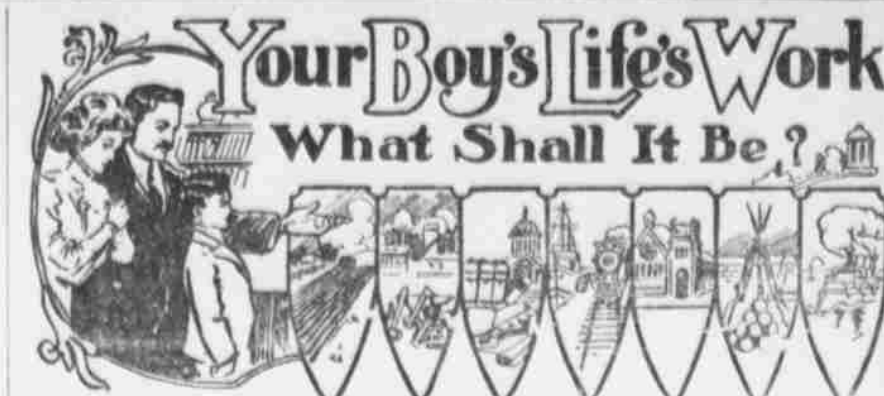
The girls who can think of nothing but clothes, and who will suddenly break into any conversation with some irrelevant remark as to tucks or gath-ers or box platts, and demand that you shall give your opinion regarding the same, is pretty bad, worse, perhaps, than the girl who thinks too much of her work, but the latter is nevertheless bad enough.

A Thoroughbred. Riley—How about that gold mine you bought stock in last year? Smiley—Why, we've called it "The Bulldog." It's the bravest little mine you ever heard of. Riley (puzzled)—Bravest? Smiley—Sure! There isn't a velvet streak anywhere in it!—Puck.

Wide-Awake Lads. The smart boy, recently referred to in the papers, who sent his application for a post by telegram, and again telegraphed in explanation: "No time to write full these days fierce comp." and got the job in consequence, is surpassed by the wide-awake lad who rushed breathlessly into a city office and gasped, "Please, I've come after a situation as office boy." "We've got an office boy already," was the answer. "No, you haven't, sir; he's just been run over," said the lad. He, too, left the ranks of the unemployed on the spot.—London Chronicle.

Good Ones. "I shall prove my love," declared the ardent lover, "not by words, but by deeds." "Of good paying property?" asked the practical lady.

His Careless Way. "You mustn't eat so fast," Johnny, said Mrs. Kapsling, "if you don't chew your victuals better the grasping juices of your stomach can't act on them at all."



PRESSMAN

Here is a trade which will give any boy of average intelligence and a fair common school education the opportunity to reach a position which may yield him a salary equal to that of first-class men in any other trade or profession—it may even put him in the millionaire class if his mechanical ability should prove to be of superior quality—in any event it is certain to provide a comfortable living.

By C. W. JENNINGS.

Have you ever stood in the basement of a big building belonging to a great newspaper and watched the tremendous whirling presses pulling paper off an end- less roll so fast that your eye could scarcely follow it, and delivering at the other end of the machine countless printed and folded newspapers so rapidly that the indicators on some of the modern electric presses record as many as 300,000 eight-page papers an hour? Or have you watched one of the tremendous multi-lithographic presses that pull out a roll similarly and deliver at the other end colored pictures that pick up six different colors of ink in passing and come out so fast that no human being could count them?

And has it ever occurred to you then that here was an occupation for your boy, that he could start in, without any more education than the commonest of common schools could give him, when he was only sixteen, and learn all about these innumerable whirling rollers and cogwheels and other things, and finally be at the head of the multitude of men that stand around and touch levers now and then and put in new rolls of paper to take the place of the exhausted ones, and, in short, know everything about it all, and still while he was a young man?

Well, your boy can do this very thing and, furthermore, he can rise to a superintendency of the biggest printing establishment in the land, and, and all based on his humble beginning when he was sixteen. And when he reaches the top—which is within the compass of your ambitious, energetic son—he will occupy a place quite as high in development and with a salary that will enable him to own an automobile if he wishes to, sooner than if he took a job in the first place that let him wear a white shirt and creased trousers. (Let me say emphatically that the best positions in the land are generally won by men who started in wearing overalls.) All he needs is the desire, for a job is always awaiting an ambitious boy who is willing to work.

The best opportunities are probably found in the large printing houses that get out lithographic and job work, books, and perhaps print magazines; for the work is more diversified and of larger character, and there are openings to be filled by men who have made good.

Your boy applies to the foreman, and, if there is an opening, he will start in as an apprentice at about \$4 a week. There will be four or five years of work ahead of him before he will reach what he will consider a real position; but the drudgery will pass in about a year. At first he will keep things in order around the press, help wash the ink off the rollers when one job is finished and prepare them for the next; but all this time he will be learning the details of presswork, and the mysterious machinery will become familiar to him.

Pretty soon, say a year or two after he began, if he is bright and ambitious, he will be set to feeding a Gordon press (one of the small job presses that print cards, letterheads, envelopes, etc.), and while doing this his pay will be gradually increased to \$9 a week. His next advancement will be feeding a pony (small) cylinder press, when he will be paid as high as \$12, then a larger cylinder press, receiving \$14 weekly; and finally he will be competent to feed the largest sheets of paper properly into one of the biggest cylinders, at \$16 a week.

At this time, which is after about four years of apprenticeship, he will be admitted to the labor union as a full-fledged feeder. The day's work will last for eight hours. After continuing feeding for several months, he will attract the attention of the foreman by his application and industry, and will be put on as apprentice pressman at \$18 a week to equip himself to operate all kinds of presses, until after a year's training, he will get a union card announcing that he is a qualified pressman and entitled to the full scale of wages of \$24 a week. Then he will be given direct charge of a couple of cylinder presses, with the feeders under him.

All this time he will be reading and studying everything he can find that relates to a pressman's duties and consulting with more experienced men; in short, making himself capable to fill any position in the department. So it will be a matter of course that in a year or so more, a vacancy occurring, he will be made assistant foreman, at \$30 weekly. Of course, this is in direct line to the foremanship, the direct head of the entire press department of the establishment, who has sometimes 100 men and boys under him, a position that, conditions being favorable, he will reach by the time he is thirty or soon afterward. As foreman he might have charge of as many as 15 cylinder presses and 20 job

presses, and in the beginning will be paid \$40 a week. This pay will be ultimately increased up to as much as \$60, which is about the pay of the best foreman.

Your son will have learned long since that further advancement must include other departments, and will be picking up a general knowledge of the composing room, all phases of printing, binding, etc., so as to make himself capable to take the next higher position, that of assistant superintendent, and on the entire mechanical department. His salary this time will be somewhere around \$4,000 a year.

Of course this leads directly to the position of superintendent, the executive and controlling boss of all mechanical work of the institution. Superintendents are paid anywhere from \$5,000 a year up, according to the magnitude of the business of the company they work for, and in all likelihood your son will soon be made a member of the firm, or will be called by a large establishment to take the general management. Some superintendents are paid as much as \$10,000 a year.

The line of progress in a newspaper office is somewhat different. Your boy starts in at sixteen as apprentice, which he must follow for four or five years. The pay at first will be \$4 to \$6 weekly, and he will work up from the drugery part, which is the same as in the other case, then in a year or so become brakenman, the man that starts and stops presses on order of the regular pressman. About this time he will join the union, and then will work up through various steps, in general similar to those followed in regular printing houses, until he becomes assistant and finally regular pressman at \$30 a week. Large newspaper presses are generally attended by two pressmen and four or five assistants. The next promotion is to be assistant foreman of the press room, who is paid \$55 a week; and finally to foreman at anywhere from \$65 to \$100, according to the magnitude of the business.

It is likely that after becoming foreman your son will be offered an advanced position in a general printing establishment, in which case his progress will be much as narrated before.

This is one of the most lucrative definite lines of work connected with the publishing business, and offers fine opportunities for getting on, as has been seen. In these days a man who can take charge of the machinery used in printing a large dictionary or of fine lithographic work, in which the excellence of the output depends so directly upon the presswork, has accomplished much.

The figures used in this article are based on those paid in New York city. (Copyright, 1910, by the Associated Literary Press.)

Particularly the Ladies.

Not only pleasant and refreshing to the taste, but gently cleansing and sweetening to the system, Syrup of Figs and Elixir of Senna is particularly adapted to ladies and children, and beneficial in all cases in which a wholesome, strengthening and effective laxative should be used. It is perfectly safe at all times and dispels colds, headaches and the pains caused by indigestion and constipation so promptly and effectively that it is the one perfect family laxative which gives satisfaction to all and is recommended by millions of families who have used it and who have personal knowledge of its excellence.

Its wonderful popularity, however, has led unscrupulous dealers to offer imitations which act unsatisfactorily. Therefore, when buying, to get its beneficial effects, always note the full name of the Company—California Fig Syrup Co.—plainly printed on the front of every package of the genuine Syrup of Figs and Elixir of Senna.

For sale by all leading druggists. Price 50 cents per bottle.

Scoundrel's Last Refuge. Patriotism is the last refuge of a scoundrel.—Johnson.

For constipation, biliousness, liver disturbances and diseases resulting from impure blood, take Garfield Tea.

People seldom improve when they have no model but themselves to copy after.—Goldsmith.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, tees a bottle.

Modesty is to merit as shades to figures in a picture; giving it strength and beauty.—Bruyere.

TO CURE A COLD IN ONE DAY. Take LAXATIVE BISMUTH Quinine Tablets right at bedtime. If it fails to cure, Dr. W. GIBSON'S signature is on each box. 25c.

What sculpture is to a block of marble, education is to a human soul.—Addison.

A cup of Garfield Tea before retiring will insure that all-important measure, the daily cleansing of the system.

The test of whether you are educated is, can you do what you ought, when you ought, whether you want to do it or not?—Herbert Spencer.

Sore Throat is no trifling ailment. It will sometimes carry infection to the entire system through the food you eat. Hamlin's Wizard Oil cures Sore Throat.

I honor any man anywhere, who, in the conscientious discharge of what he believes to be his duty, dares to stand alone.—Charles Sumner.

Dr. Pierce's Peppets, small, sugar-coated, easy to take as candy, regulate and invigorate stomach, liver and bowels. Do not gripe.

The entire object of true education is to make people not merely do the right thing, but enjoy the right thing.—Ruskin.

LADIES' CL. WEAR SHOES. One size smaller after Allen's Foot-Ease, the antiseptic powder to be shaken into the shoes. It makes tight or new shoes feel easy. Remove substitutes. For Free Trial, package, address Allen S. Shaving, Le Roy, N. Y.

Shaming Papa. She—I believe you would rather play poker with father than sit in the parlor with me! He—No, I wouldn't, darling, but we must have money to get married on.

Rebilled. Mrs. Richquick—John, I want you to buy a new parlor suit. Mr. Richquick—Maria, I've been agreeable enough so far to get different clothes for morning, noon, afternoon and night, but I'm consarned if I'll change 'em every time I go into a different room.

Work and Marriage. In the New York courts recently a girl, aged 17, on being told by her mother that she was old enough to go to work, replied: "Work, I will not; I prefer to marry." Whereupon she was married before night to a young man earning \$8 per week. That is of a piece with the reasoning of another girl who, being interrogated by a friend, "Where are you working now, Mamie?" answered promptly, "I ain't working; I'm married."—Boston Herald.

Reason Enough. A negro near Xenia, O., had been arrested for chicken stealing. He had stolen so many that his crime had become grand larceny. He was tried and convicted, and brought in for sentence. "Have you any reason to offer why the judgment of the court should not be passed upon you?" he was asked. "Well, judge," he replied, "I can't go to jail now, nobow. I'm buildin' a shack out yonder, an' I jus' can't go till I git it done. You-all kin sholy see dat."—Philadelphia Saturday Evening Post.

Consumption Spreads in Syria. Consumptives in Syria are treated today much in the same way as the lepers have been for the last 2,000 years. Tuberculosis is a comparatively recent disease among the Arabs and Syrians, but so rapidly has it spread that the natives are in great fear of it. Consequently when a member of a family is known to have the disease, he is frequently cast out and compelled to die of exposure and want. A small hospital for consumptives has been opened at Beyrout under the direction of Dr. Mary P. Eddy.

A Generous Gift. Professor Munyon has just issued a most beautiful, useful and complete almanac. It contains not only all the scientific information concerning the moon's phases, in all the latitudes, but has illustrated articles on how to read character by physiognomy, palmistry and birth month. It also tells all about card reading, birth stones and their meaning, and gives the interpretation of the Muxton Remedy Company, Philadelphia, Pa.

For Bruised Fingers. To keep bruised fingers from turning black hold them upright under the cold water faucet for three-quarters of an hour or longer. If the water chills it can be turned off for a while but the fingers must be kept in an upright position. No matter how bad the hurt—unless the finger is mashed—the throbbing will not be followed with weeks of blackened nails.

One of Those. "What kind of a chap is he, any-how?" "One of those fellows who think they are distinguished because their clothes attract attention."

Quite So. "Rivers is yours a safety razor?" "It is now, I haven't used it for two years."