FREE ADVICE

Women suffering from any form or Liness are invited to promptly com-municate with Mrs. Pinkham at Lynn, Mass. All letters are received, opened, read and answered by women. A wo-



lished a testimonial or used a le without the written consent of the writer, and never has the Company allowed these confidential letters to get out of their possession, as the hundreds of thousands of them in their files will attest.

Out of the vast volume of experience Mrs. Pinkham has to draw from, it is more than possible that she has gained the very knowledge needed in your case. She asks nothing in return except your good will, and her advice has helped thousands. Surely any woman, rich or poor, should be glad to take advantage of this generous offer of assistance. Address Mrs. Pinkham, care of Lydia E. Pinkham Medicine Co., Lynn, Mass.

Every woman ought to have Lydia E. Pinkham's 80-page Text Book. It is not a book for general distribution, as it is too expensive. It is free and only obtainable by mail. Write for

NEVER GOT TO KNOW HIM

Seemingly, This Husband Was Somewhat of a Hard Man to Get Acquainted With.

"I met a queer old woman character on the train between here and Buffalo one morning," remarked Police Judge McGannon when talk had drifted around to queer people one meets. "She was traveling with her grown son, whom I had met in the smoking compartment, and later on I got talking with the old lady. She spoke of several people the knew here in Cleveland

"Did you ever happen to know James H. Soandso?" I asked her casually, judging from something she had said that she did know him.

"She gave me a strange sort of a look. 'Well,' she replied, 'I don't know whether to say I know that man or not. He's a queer sort, you understand-the kind of a man that nobody really knows. Why, I was

rried to James Soandso, and lived h him for four years, but I never t that I was really acquainted with

part of it," added eGannon, "was the woman was in deadly earnest about it. She didn't make the remark by way of springing any comedy at all."-Cleveland Plain

Due Precautions.

In a town in Georgia there was an old preacher whose knowledge of the world was not wide nor deep, but who conceived it to be a place where, if one should trust his fellow men, he should at the same time keep an eye on his own interests.

One hot day he pulled off his coat and preached a vigorous sermon, under the pines, in his shirt sleeves At the close of the open-air service one of his admirers approached him and said, regretfully:

"I don't suppose that you knew that the editor of one of the big New York Sunday papers was here when you pulled off your coat."

"I reckon I knew it well, for I'd been told of it," said the preacher, calmly. "I don't believe he's as bad as he might be, and anyway, I put my coat on the chair close by and had it right under my eye all the time."-Youth's Companion.

The Difficulty.

"Life ain't nothin' but disappointmant," grouned the Chronic Grumbler. 'Cheer up," urged the Cheerful IC ot. "Didn't yer git \$50 for puttin' Mr picture in the paper as havin' bin cured o' all yer ills by Bunk's pills?" "Yes, I did. An' now all my relatifs are askin' me why I don't go to work, now th't I'm cured."

Not Serious. "I hear there are grave charges against Senator Jinks." "What are they?"

"The sexton's bills."-Baltimore

American.

Suggested Too Much. Old Rocksey-Why did you quarrel with your count, my dear? Miss Rocksey-He called me his treasure and it wounded altogether too suggestive.-Smart Set.

OLD COMMON SENSE. Change Food When You Feel Out of Sorts.

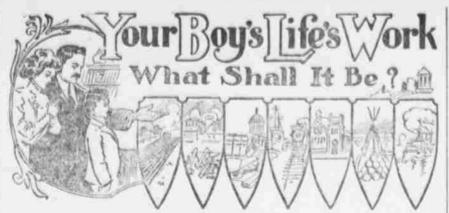
"A great deal depends upon yourself and the kind of food you cat," the wise old doctor said to a man who came to him sick with stemach trouble and sick bendache once or twice a week, and who had been taking pills and different medicines for three or four years.

He was induced to stop eating any Bort of fried food or ment for breakfast, and was put on Grape-Nuts and cream, leaving off all medicines.

In a few days he began to get better, and now he has entirely recovered and writes that he is in better health than he has been before in twenty years. This man is 58 years old and says he feels "like a new man

Read "The Road to Wellville," in pkgs. "There's a Heason."

Ever read the above letterf A new tor is \$3.85 for every hundred miles, are genuine, true, and full of human which gives engineers from \$150 to lemon aid."



LOCOMOTIVE ENGINEER?

It is a trade that almost deserves to be called a profession. and to the boy of ability for the work it has many openings. How a boy who is twenty-one and in good physical condition may start along this line of work. The various steps he takes up to passenger engineman and thereafter into positions paying their thousands a year. Examinations that have to be passed and technical knowledge that has to be acquired if your boys hopes to succeed big in

By C. W. JENNINGS.

dignity of being cathed a \$7,000 to \$10,000 annualty. Once in

profession is that of loco- this position, your boy should now be notive engineer. Formerly this was competent to get into the highest poke carpentry and mechanics and sitions in microsding. In the ordinary ther manual occupations, little more course of progress he should reach a han a trade; but the complexities and | choice passenger run by the time he mportance of railroad transportation is thirty-five or so, the foremanship save become so great as gradually to within five years later, and be eligible have elaborated the training of the for the general superintendency by the engineman until they are considered time he is about fifty. competent to run a train only after

So, when your boy manifests sympadmiringly and longingly at the man aginative youngster does. If this atprobably he is aspiring to an honorable occupation which may give him opportunity to reach the highest

The logical place for your son to make his beginning is as fireman, where he is to serve his three years' apprenticeship. The preliminary requirements are an ordinary common school education, good physical condition, especially in eyesight and hearing, and, of course, good habits, "Havleisure hours to study."

As soon as your boy is employed as basis as the oldest and most experienced fireman on the system; for the pay is the same, \$2.75 for every hundred miles traveled, reckoning a hundred miles as a day's work.

assigned to fast express or even any passenger trains. Newcomers are put on the extra list, which means that they will be employed only half time or less, according to traffic demands and the supply of firemen. Trainmen are promoted and considered strictly on a seniority basis, with, of course, regard for efficiency, the oldest men in the service, if competent, being given the choicest and most remunerative runs.

When your boy is employed first as fireman, he will be given a list of questions on which he will be examined at the end of the first year. This is a rigid custom on a famous eastern railroad and is generally followed by railroads throughout the country:

Explain the principle of the steam gauge. What is the source of power in a steam locomotive? About what quantity of water should be evaporated in a locomotive boller to a pound of coal? What is steam and how is it generated? What is combustion? What is the composition of bituminous coal? In what condition should the fire be in order that the best resuits may be obtained from the combustion of the coal? How should the fire and water be managed in starting from the station? What is the purpose of a safety valve? When and valet and confidant of Louis XI of why should you wel the coal in the tender? And many other questions covering a wide range of knowledge the care of the engine itself. Also he must explain what should be done in a wide range of emergencies and acci-

dents. By the end of the first year, if your boy has done his best to acquire knowledge, he should be working pretty regularly on freight engines and earning probably as much as \$50 or \$60 a month, and, if he passed his examination, he will be doing fairly well from then on, by the end of the second year increasing his monthly earnings to \$75 or so which will prob ably grow to \$90 or \$100 soon after ward. At the end of the third year he has completed his course, and after passing a particularly rigid examination as given a certificate of engineering. This other examination is along the line of the first, except that it is more advanced and carried out in greater detail. It also includes comprehensive knowledge of the air

Your boy's first engine will probably be on a work train or at awitching, at a regular pay of \$2.25 a day of ten hours; but, if seniority permits, he will soon find himself on a regular freight run, at pay of \$3.85 to \$4.50 for every day, taking leasons in sprint every hundred miles' run, according ing. to the size of the locomotive. Freight engineers on steady work earn some thing like \$125 a month, and are in direct line for promotion to passen- good in the first aid to the injured ger runs. The regular pay on the lat- that nurse bungled so."

exceeding even this,

Promotion from the choicest passen ger cab is to road foreman of engines. who is a sort of assistant to the master mechanic and is paid a salary of about \$150 a month. His duties are generally to supervise the engineers of a division, settling their troubles and seeing that locomotives are kept in proper order. Besides, he is a member of the board that examines firemen and engineers. Next he becomes master mechanic at \$200 to \$250 n month. The latter is the direct mas ter of engines and engineers, being a the head of the roundhouse, repair shops, etc., and assigning the men to their duties. Following this position comes that of division superintendent of motive power, who has charge of the main shops and is superior to F all vocations ordinarily \$3,000 to \$4,000 a year, then comes looked upon as trades, the assistant general superintendent of one that probably comes motive power, at around \$5,000 salary; nearest to deserving the then, full general superintendent, at

This line of work, from fireman up years of hard work and scientific through the engineman's cab is a little different from ordinary occupations, in that a boy generally has to toms of wishing to be a locomotive en- be twenty-one before he can be a firegineer, it may not be wise to dissuade man; but many, to avoid the waiting, him on the ground that he would be start in earlier than that as workmen learning a trade. He is sure to look on the ash pits, which is little more than ordinary manual labor, at 15 or beside the throttle; almost every im- 16 cents an hour, or as wipers in the roundhouse at 18 cents. Then, as soon traction is more than fleeting, then as they are of age, they make their formal start as firemen.

Rallroads demand the highest possible proficiency in their employes, places in the great business of rail and, as already indicated, in the case of firemen, this includes an intimate knowledge of the economy of fuel. This is one of the most important questions in railroading, and the fireman that gets over a given run in schedule time with less consumption of coal than other firemen use is considered to possess exceptional qualifications and will be given every posing these qualifications," to quote sible opportunity to advance. Thus, from a railroad bulletin, "advancement, he is constantly spurred to increase will come to those who are consci- his scientific and practical knowledge entious in the discharge of their du- of his work, which may ultimately ties and who devote some of their lead him to a specialty in this particular phase of the business.

If a fireman expects to get on he nerve and judgment; for both are taxed every time he makes a passenger run, in observing the hundreds of electrical signals that line the congested tracks, in avoiding accidents, This does not mean that he will be in taking responsibility for departure from rules which may be required by some emergency of the moment, and in always realizing that the lives of the hundreds of passengers in the train are dependent upon him-and still he must keep up the speed schedule.

(Copyright, 1910, by the Associated Lit-erary Press.)

Human Quarry Driven to Bay. An exciting man-hunt in Nottingham, England, has ended in a dramatic manner. A hawker named Henry Stanley, locally knowns as "the bull," was accused of causing the death of a man named Clarke in a public-house quarrel. Stanley's description was given to the police, and a force of detectives started on his track. He was chased over a wide area and was driven back into the heart of the city. When the police were close upon his heels Stanley decided to surrender himself, and headed straight for the police station. He entered the room one minute in front of his pursuers. Sinking into a chair in an exhausted condition, he exclaimed, "I'm Harry Stanley, the man you

The Barber In History.

Lovers of history will readily recall the influence possessed by the barber-France, Olivier le Dain, and perhaps less easily the name of Nicholas Stagebeck, who gained a like influence of the fuel used in locomotives and with Christian II of Donmark; while there is no doubt that many other men in the calling have been on the most friendly terms with their famous customers who enjoyed their discourse and did not disdain their advice. Ifke the barber of Montbard, In Burgundy who, to the end of his days, boasted that on one memorable morning he had shaved before breakfast "three men capable of ruing a world:" Messrs, Buffon, Rousseau and Vol-

To Escape Punishment.

"Honest to goodness, pahson," whisered Deacon Coonley, "I hates to acknowledge it, but I owuld like to git est one flash at dem fight pictures." You unpretenden' sinneh!" exlaimed Parson Mokeby; "don't you know you'd be punished fo' sich a

"I don't think I would," smiled the dencon; "you see, I had it figgered out to git a seat right neah an exit in case anybody started any race riot!"

Isley-Is Quickler training for his coming bout with Bruiser Smith? Knowles-Yes, he's at the gym

Its Nature. "I don't think there was very much "It struck me, too, it was rather a

Busy Women Good System Affords Ample Time for Resting

By ELLA LOUNSBURY



OT LONG ago I read an article written by a woman who strongly deplored the fate of housewives in general. She declared cooking and dishwashing to be a drudgery, setting forth the argument that intelligent women would not submit to such slavish employment as housework; that they preferred doing stenographic work or something more elevating by which they could earn sufficient to hire the drudgery done, provided their husbands were not financially able to do so.

Having been a business woman, as well as a housewife, I believe I am in a position to be a fair judge in such matters. From my point of view there is nothing so commendable in a woman as

her ability to do housework in a systematic and efficient manner. Every woman should systematize her work so that she would have not only certain days but certain hours for the various duties which arise, and if she displays sufficient energy she will find that she can have all her afternoons in which to do as she pleases.

I pity the woman who finds it necessary to put in three or four hours a day washing dishes! She must be an indolent creature at best and not deserving of an opportunity to rest.

How much time does the business woman find in which to rest? The very shoriest days any business house has average seven hours, and at that rate she is working three hours longer in an office or store than she would have to in doing housework,

In doing her own work she is at least her own mistress and not subjected to the orders of a capricious and tyrannical master.

The housewife's freedom is very much greater in every way than the business woman's, to say nothing of the inconvenience to which the business woman is subjected in having to go to and from her work every day in all kinds of weather, hanging to a strap in a crowded street car, her toes

being trampled upon and enduring a hundred other disagreeable things which she is apt to encounter.

Nothing to my mind could be more deplorable than the fact that women find it necessary to enter the business world, as I believe God intended women to use their talents toward the uplifting of men, and how can they expect to uplift men by entering the business field, putting themselves on a common level with the lowest classes, fighting battles that men alone were intended to fight, and, to a very great extent, losing the dependence, delicacy and refinement that women naturally possess?

Good Little Sermons for Business

By N. W. HARDING

Girl

For goodness' sake, leave your elbow gloves and French heels at home when you go to work. For the fluffy, frilly places they are all right, but are absurd in the daily grind of business life. I don't mean not to dress neatly or becomingly, but I do beg of you to have a little sense of the eternal fitness of things. Make your sleeves long and your collars high, and your waist of material thick enough to serve its rightful purpose, and there will be little fear of your boss telling his friends to come up and see the show.

If you are only getting \$6 a week, do the best that you can. You are under obligation to your employer to give him your best, and if he judges that it is worth only \$6, why, then it is up to you to stay or go. But for the leve of heaven, don't do just what will barely let you through and then stop, arguing that you are only half paid and will only do half work. You will never be paid full price at that rate, my girl.

If the gas stove explodes or the water tank freezes, don't send up a wail to heaven, thinking it will reach the boss' ears. He isn't in that direction, and besides he wouldn't believe you. What difference does it make to him what it is that makes you late. You're late, aren't you? That's what counts. Suppose somebody sold him a horse and it got loose and ran away before it could be delivered, or his tailor should ruin his suit and came whining that his scissors were dull. You've sold him your time, haven't you? Well, deliver the goods.

Land of Beauty and Thrifty People

By S. CASPARIS

As I am a native of France my declaring it to be God's country will be pardoned. I as nking of the beauty of the land and the thrift of the people. Not long since I was over there and made some study of labor conditions.

In France and Germany the state intervenes between the employer and his workmen and the rights and obligations of both are clearly defined. They must also be strictly lived up to on pain of official displeasure. If a French laborer does not show up for work on any day he must subsequently present his doctor's certificate to show that he was physically unable. The employer cannot discharge his

men peremptorily, but must give notice a good way in advance. These things make for permanence and stability of industrial operaion and they look good, but I am a true American citizen and would not like to see such a status in this land.

Our workingmen under such a regime could become as servile as Europeans and content to be only workingmen all their lives as they are

American wage earners are not now getting sufficient remuneration for their toil. Their wages, in view of the enormous advance in the cost

of living necessities, are pitifully inadequate.

Those Horrid Stylish Hobble Skirts

By ANNA GOLDBERG

The frequent change of fashion not only causes misfortune to the poor working girl, but it also disgraces civilization.

Who would ever believe that such a style as the hobble skirts could ever appear? Skirts so narrow as to prevent the girl from moving her feet!

The other day a young lady wished to board a car, but could not make one step on account of the hobble skirt she wore! She was helped on by a young man who accompanied her.

Does not every woman understand the more fort there is in dress the better it so often ridicule the dress of the s for her physical development.

ndian and other barbarie people, but the time will surely bring to us the confortable dress of the barbarian. Women at the present day are highly developed in every branch of ntellect and science. Intelligent women ardently preach woman suffrage,

which will some day be gained. Beauty and parity of soul, heart and character are much superior to mere beauty of dress.

MILLIONS of FAMILIES are using SYRUP of FIGS and

ELIXIR OF SENNA

BILIOUSNESS, WITH MOST SATISFACTORY RESULTS. NOTE THE NAME IN THE CIRCLE ON EVERY PACKAGE OF THE GENUINE

THE WONDERFUL POPULARITY OF THE GENUINE SYRUP OF FIGS AND ELIXIR OF SENNA HAS LED UNSCRUPULOUS MANUFACTURERS TO OFFER IMITATIONS, IN ORDER TO MAKE A LARGER PROFIT AT THE EXPENSE OF THEIR CUSTOMERS. IF A DEALER ASKS WHICH SIZE YOU WISH, OR WHAT MAKE YOU WISH, WHEN YOU ASK FOR SYRUP OF FIGS AND ELIXIR OF SENNA, HE IS PREPAR-ING TO DECEIVE YOU. TELL HIM THAT YOU WISH THE GENUINE, MANUFACTURED BY THE CALIFORNIA FIG. SYRUP CO. ALI RELIABLE DEUGGISTS KNOW THAT THERE IS BUT ONE GENUINE AND THAT IT IS MANU-FACTURED BY THE CALIFORNIA FIG SYRUP CO. ONLY

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Is Growing Smaller Every Days

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SYRUP OF FIGS AND ELIXIR OF SENNA IS ESPECIALLY ADAPTED TO THE NEEDS OF LADIES AND CHILDREN, AS IT IS MILD AND PLEASANT GENTLE AND EFFECTIVE, AND ABSOLUTELY FREE FROM OBJECTIONABLE INGREDIENTS. IT IS EQUALLY BENEFICIAL FOR WOMEN AND FOR MEN, YOUNG AND OLD. FOR SALE BY ALL LEADING DRUGGISTS.

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CHILD'S GIFT REAL CHARM

Rescued Father From Despondency and Proved the Foundation of Fortune.

A certain business man has a curlous little charm for his watch chain. He wouldn't sell it for \$1,000; no, nor two, nor three. His little child gave ft to him one day when, as he says, he was "down."

"I had lost every cent I had in the world, and there at my desk, my head on my arms, I was thinking of a possible way to end it, when my little child came up to me and asked: 'What does "ruined" mean, papa?" And then I knew I had been groaning loud enough to be heard and understood. You said "ruined" paper. What does it mean?"

"'It means I haven't any money, Papa's a poor man.' The little feet pattered away, then back again, and here on my watch charm is what she gave me. Not a great fortune no, but the foundation of one. Whatever I've got since came from it, for it gave me courage."-The Christian Herald.

A Christmas Criticism. Orville Wright, discussing flying in New York, said to a reporter: "The French claim to make the

best machines, but our foreign order books tell a different story. "Our foreign order books give the game away like the little Dayton boy at the Christmas treat. He got from the tree at this treat a pair of trousers, and, waving them around his head, he electrified the entire Sunday school by shouting in a loud and joyous voice:

"'Oh, ma, these pants must be new.

Pa never had a suit like that." Important to Mothers Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it Bears the Signature of Chart Hiltoher.

In Use For Over 30 Years. The Kind You Have Always Bought. Not the Type. "I heard you were very much disap-

pointed in your mother-in-law." "Completely so." "In what way?" "Why, she's simply perfect!"

The next time you feel that swallowing arnsation, the sure sign of sore throat, gargle Hamlins Wizard Oil immediately with three parts water. It will save you days and perhaps weeks of misery.

There's one little satisfaction when man falls sick, it makes his wife repent of her ill treatment of him, Don't work the game too often, however.

PILES CURED IN 6 TO 14 DAYS
Your druggist will refund money if PAZO GINTMENT falls to cure any case of liching, Blind,
Bleeding or Protruding Files in 5 to 14 days. Soc. Life is full of ups and downs-but unfortunately most of us are down

more of the time than up. Mrs. Winslow's Soothing Syrup. Slidgen teething, softens the gums, reduces in-sation, allays pain cures wind coile. Zea bottle.

There is always poison in the wound that is inflicted by a friend. | W. N. U., SIOUX CITY, NO. 2-1911.

GAINS in rebuilt and slightly used type-writers of all makes. Write for list of twenty-five special bargains. B. F. Swanson Co., Sloux City, lows Established 30 Years

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and cut flowers for al SIOUX CITY, IOWA

RUPTURE CURED in a few days without pain or a surgical operation. No pay until cured. Send for literature. DRS. WRAY & MATHENEY, 602 Farmers Loan & Trust Bidg., Sloux City. Iowa.

What Ails You?

Do you feel weak, tired, despondent, have frequent headaches, coated tongue, bitter or bad taste in morning, "heart-burn," belching of gas, acid risings in throat after eating, stomach gnaw or burn, foul breath, dizzy spells, poor or variable appetite, nauses at times and kindred

symptoms ? If you have any considerable number of the shove symptoms you are suffering from biliousness, torpid liver with indigestion, or dyspepsia. Dr. Pierce's Golden Medical Discovery is made up of the most valuable medicinal principles known to medical science for the permanent cure of such abnormal conditions. It is a most efficient liver invigorator, stomach tonic, bowel

regulator and nerve strengthener. The "Golden Medical Discovery" is not a patent medicine or secret nostrum, a full list of its ingredients being printed on its bottle-wrapper and attested under oath. A glance at these will show that it contains no alcohol, or harmful habit-forming drugs. It is a fluid extract made with pure, triple-refined glycerine, of proper strength, from the roots of native American medical forest plants. World's Dispensary Medical Association, Props., Buffalo, N. Y.

W. L. DOUGLAS UNION \$3, \$3.50 & \$4 SHOES FOR MEN BOYS' BHOES, \$2.00. \$2.50 AND \$3.00. BEST IN THE WORLD.

