

You won't tell your family doctor the whole story about your private illness - you are too modest. You need not be afraid to tell Mrs. Pinkham, at Lynn, Mass., the things you could not explain to the doctor. Your letter will be held in the strictest confidence. From her vast correspondence with sick women during the past thirty years she may have gained the very knowledge that will help your case. Such letters as the following, from grateful women, establish beyond a doubt the power of

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

to conquer all female diseases. Mrs. Norman R. Barndt, of Allentown, Pa., writes:

"Ever since I was sixteen years of age I had suffered from an organic derangement and female weakness; in consequence I had dreadful headaches and was extremely nervous. My physician said I must go through an opera-tion to get well. A friend told me about Lydia E. Pinkham's Vegetable Compound, and I took it and wrote you for advice, following your directions carefully, and thanks to you I am to-day a well woman, and I am telling all my friends of my experience."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pink-ham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness or pervous prostration.

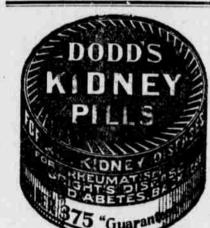
Gloomy Outlook.

Long Winded Orator (lowering his voice to an impressive whisper)-Have you ever, O, my friends, allowed yourselves to wonder where you will be and what you will be doing when another century shall have rolled around?

Wearied Auditor (in an equally impressive whisper)-Yes-we'll still be here, walting for you to finish your

Nothing in That. Sentimental Boarder-How true it is that "blessings brighten as they take

does a skyrocket.





For Preserving, Purifying and Beautifying the Skin, Scalp, Hair, and Hands, for Sunburn, Heat Rash. Chafings, and for all the purposes of the Toilet.



Fine Corn Cake.

For a delicate corn cake try one paked in a short-handled fryingpan and mixed in a rather unusual manner. Put one and two-thirds cups of corn meal, one-third cup of flour, one-quarter cup of sugar, one level tenspoon each of salt and soda into a sifter and sift, then turn back and sift a second time. Beat two eggs in a bowl, add one cup of sour milk and one cup of sweet milk, heat. add the dry materials and beat again. Have two rounding tablespoons of butter melted in a frying pan, turn in the batter and pour one cup of sweet milk over the top, but do not stir it in. Set in the oven to bake half an hour. The cake will have a custard-like streak all through it.

The Perfect Baked Apple.

When the skins are thin and of a deep red color I frequently do not pare the apples, but at all times I am careful to remove all the core, especially every bit of the lining of the seed cells, and to bake them in granite or earthen, never in tin, as tin gives them an unpleasant flavor and a dingy color. Fill the core cavities with sugar, heaped or scant, according to the tartness of the apples; add also a few grains of salt, and sufficient water to cover the apples. Bake in a quick oven and baste frequently .- The Delineator.

Egg Substitutes.

Many egg substitutes are made, soms from skim milk, some from mixtures of animal or vegetable fats, albumen, starch or flour, coloring matter and a leavening powder, in addition to the mineral waters similar to those found in the egg. Other egg substitutes are little more than starch, colored with some yellow substance. Of course, such products can not be made to replace fresh eggs, in that they do not contain much nitrogenous matter, or fat. Products made from them may be very harmful.

To Make Tough Steak Tender. When meat is high priced it is not always possible to buy the most expensive cuts. The steak that is not porterhouse can be improved by treating it as the French chefs prepare their steaks to make them tender. Put three tablespoons of olive oil and one and me-half tablespoons of vinegar on a plate and lay the steak in, then set in the icebox for four hours. Turn half a dozen times at intervals, then the meat is ready to broll.

Chop Sucy of Beef.

Break into a kettle half a package of spaghetti, cover with salt water and boll. When almost tender add half a can of tomatoes. Put butter in frying pan and fry in it three large onions, sliced, till brown. Add two pounds of beef run through the machine. When all is nicely browned add the spaghetti and tomatoes, stir, boll for a few minutes and serve hot.

Browned Pointoes. Select potatoes of rather small size. peel and cut into quarters. Throw into salted cold water and leave them for half an hour. Take them out and dry them on a clean towel. Have ready in a deep frying pan or a shallow saucepan clean hot fat, boiling hot, and drop brown and drain in a colander before

Attractive Service of Tomatoes. Take a large sized plate, garnish around edges with lettuce leaves or parsiey, place slices of deep red tomatoes, peeled, around edge of plate on the leaves, and heap sliced cucumbers in center of dish. The effect is

Grabam Gems.

To one teaspoon soda add three pints of sour milk, two eggs, one teaspoon sait, one tablespoon fryings, one-half pint of wheat flour, and enough graham flour to make it thick enough to

Baked Ham.

Wash and scrub ham and put in a baking pan two cups water. Bake twenty minutes to the pound. Take it up and remove the skin. Stick into the fat cloves and cover with grated bread

crumbs. Brown lightly in the oven. Short Suggestions. Chewing gum will stop gas leakage in

the illuminating jets that often escapes at the Joints.

Old jelly gets insipld. It can be made like new by heating. Add a little water and sugar. Cutting onlons, turnips and carrots

across the fiber makes them more tender when cooked. A weak solution of turpentine poured

down the water pipes once a week will drive the water bugs away. . . Save old paraffin from jellies and the like, melt and mold in patty pans and

It will be useful for smoothing the Hang woolens out on the line drip-

Wash dishes used in preparing foods purposes. or a meal while the foods are cooking and thus learn to get dishwashing sim-

Half a lemon dipped in salt is excellent for cleaning copper articles. Oxalic acid, too, is equally successful both for

copper and brass. A few drops of alcohol rubbed on the inside of lamp chimneys will remove all trace of greasy smoke when water

alone is of no avail. Silver that is in daily use may be kept bright by placing it occasionally in hot borax water and allowing it to stand an hour or two. Rinse with clear hot water, then wipe with a clean dry



Cabbage Worms. When the first appearance of the worm is made the plants should be lar American varieties of the onion. dusted with the paris green and flour mixture. When the heads are forming use one pound of pyrethum powder to four pounds of flour to dust the plants. This is harmless to man. After the head begins forming paris green should not be used. Those who are afraid to use paris green are generally successful by beginning early to use the pyrethum powder and spraying often.

Cabbage and other plant lice are best controlled by spraying with kerosene emulsion, using the 15 per cent solution -a solution containing 15 per cent of kerosene. If the lice are on trees, flowers or rose bushes, tobacco decoction may be used with good results. The tobacco decoction is made by taking three pounds of tobacco stems and five gallons of water and boiling for two hours. It is used without diluting. but must not be applied too hot, or it may scald the plants.

If treatment is begun in time plant lice can be controlled. It must be done before the leaves are curled so the spray can reach the pests. There crisp and mild flavored. Add to this should be several sprayings, four or five days apart, as one spraying will represents almost an ideal product in not completely do the work. Clean cul- its line. ture is important in fighting these insects, as with many others.

Automatic Dump Wagon.

The ease with which modern dump carts and wagons can be unloaded is illustrated in the automatic dump wagon shown in the accompanying illustration, the invention of a Connecticut man. The wagon box is pivoted on the



OPERATING THE BUMP WAGON.

axle, the greater portion of the load being in back of the pivoted point. In forward end of the box is normally is still warm with the animal heat of held in position by a lever directly be- the cow, it is said, a constituent value hind the driver's seat. When ready to not found in the milk after it is allow dump the load the driver turns in his ed to get cold. The chemist can no seat, releases the lever and the load au- define it, and it can not be restored tomatically turns over. The driver is again by warming the milk. If every thus not compelled to leave his seat, calf could be fed its milk sweet, and saving considerable time.

Treatment for Loco. The results of the loco weed when the potatoes into this. Fry to a light eaten by stock are unpleasantly famillar to the stockman of the plains east of the Rocky mountains. It has been estimated that the losses from this source in Colorado alone have reached the sum of a million dollars per annua. The national bureau of at the loco problem, and C. D. Marsh, expert in poison plants, reports that it has been found that locoed cattle can in most cases be cured by a course of treatment with strychnine, while locoed horses can generally be cured by a course of treatment with Fowler's solution. The animals under treatment must not be allowed to eat the loco weed and should be given not only nutritious food, but so far as posdrop from spoon. Sugar to sweeten if sible, food with laxative properties, To this end magnesium sulphate was administered to correct the constipation which is almost universal among locoed animals. It should be noted, too, that magnesium sulphate may serve to some extent as an antidote to

the poison. It may be added in regard to the question of immunity that loco poisoning comes on in a slow and cumulative manner, so that there is no possibility of animals becoming immune,

Wasted Road Money.

In a recent speech at Peorla, H. H. Gross, secretary of the Farmers' Good Road League and special agent for the National Department of Agriculture to study the question of highways, made the following statement: "In forty years enough money has been thrown away and squandered on the dirt roads of Illinois to pay for graveling or macadamizing every foot of highway in the State." He went on further to state that as good, hard roads could be built on the black land in the corn belt of Illinois as in Massachusetts, or in any other State, and at a moderate ping wet, without wringing them at all. annual expense to the landowners of If dried in this way they will not the State, possibly not exceeding their present annual tax for road and bridge

The Pacing Horse.

We have known of many animals that have acquired the habit of pacing because of becoming sore forward. The fore feet and legs do not assist in the efforts of propulsion, their office is simply to hold up or support the fore and heaviest part of the animal, and as it must keep these fore feet out of the way of the hind ones, a horse will in the field. endeavor to do so in the most awkward of ways at times, for when sore forward it takes to any sort of a gait. The animal was seen to rush into the that to its mind appears to lessen the pain of action. It quite frequently it up in its teeth and carry it out. The adopts the single foot action, gradually performance was repeated until the

was this soreness forward-and he was actually lame-that caused the great

Southport Globe Onions. Connecticut's famous \athport eriobe onlons stand unsurpassed among popu-

They are in high favor in some of the finest commercial onion growing districts of Ohio and New York and during a few years past have made a steady adadvance in standing everywhere as a WHITE GLOBE

highly bred, perfect ONION. onion. Eastern onion growers use the red and white Southport Globes to produce the exceptionally sarge, solid, beautifully formed bulbs that bring top prices in the New York City markets. Besides the two varieties named.

here is a yellow Southport Globe that resembles the others in shape and general character, but is of a rich yellow The white is one of those beautifully

white, perfectly globe shaped onlons that take the eye and bring highest price in any market. Its skin is thin and paperlike, the flesh fine grained. that it is a fremendous cropper, and it

Disk Plows.

The twenty-four-inch size disk plow can safely be recommended as being superior to any other size. The smaller size pulls easier, but it does not pulverize the soil so well. The disk plow s capable of handling ground that has become too dry and hard for the moldpoard plow. It is of somewhat lighter draft, does not require sharpening so often, cuts through trash better and does not clog so easily. Do not try to cut a furrow wider than eight or ten inches with a disk. The wider the furrow the deeper will corrugations be and the poerer will be the work. It is better to use two twenty-four-inch plows, each cutting eight inches in width, than to use a single twentyeight or thirty-inch plow cutting sixteen inches.

Ruta-Bagas.

Prof. Rane of the New Hampshire Experiment Station recommends the American purple-top ruta-baga for the reason that it is a fine market sort, often selling in the markets for double the price of the early white turnip. It is also a splendid leeper, and is usuall free from ponginess. While it con not be pleated as late as the early turnips, it can be used as a follow crop after early peas, provided the seed is sown not later than July 10.

Milk for Calves. The calf finds in fresh milk while while it still retained its animal heat, there would no doubt be fewer cat-hammed steers going to the block.

Wants a New Wheat.

Prof. Herbert F. Roberts of the Kan sas State Agricultural College and Experiment Station will visit Europe dur ing the summer. He is commissioned from the Kansas Experiment Station to inspect the wheat regions of Central plant industry has been taking a turn and Southern Europe in search of su perior sorts of hard wheats for intro duction into Kansas.



To break down clods and give a fir surface the field drag serves a useful purpose. It may be used in connection with the spring tooth harrow or eve with the disk. The 6x6 inch pieces are 6 to 10 feet in length and are laid edgewise, being bound together by cross pleces made of 11/2x6 inch stuff.

Farm News Notes. In New Zealand the best demand is for Shorthorn bulls of the milking strain.

Kangaroo rats are destroying the rineyards near Santa Cruz, Cal. They have appeared in thousands and are

feeding on the young buds and vines. While attending a mule on a farm I Morgan County, W. Va., Frank Cult a farm boy, was attacked by the an! mal and had his leg nearly chewed off.

Secretary Wilson says we ought to have bumper crops throughout the country this season. All conditions are favorable for record-breaking yields of all sorts.

Texas raises one-fifth of all the cattle in the United States, but they are not all finished in that State. A few days ago 10,000 Panhandle steers sold for \$250,000.

While one class of stock may pay bet ter than another, do not lose sight of the fact that the average farm needs a few head of every sort in order to make the best and closest use of all the products.

A Connecticut farmer is reported to ase the incubator system in starting his petato crop. The seed potatoes are placed in a warm room in a rack, where they sprout, and are then transplanted

A story comes from Washington, Pa. that a farmer has a sheep-killing horse. flock, trample a sheep to death, pick progressing into that of pacing. It farmer interfered.

Troussead Gowns.

"Trousseau gowns are loveller than ever," says the fashion editor of the Woman's Home Companion, "but as they have increased in beauty, they have lessened in number. Very few brides of to-day, no matter how fashionable they may be, order a trousseau consisting of a great number of costumes. The reason for this is that fashions change so that it is necessary every little while to have a new-style gown if one is to keep pace with the capriclous modes.

"The bridal princess gown is a style which will be in fashion for a long time to come. One can wear it as long as the material lasts by merely changing the sleeves to meet the requirements of the prevailing fashion."

A KENTUCKY CASE That Will Interest All Suffering

Women. Mrs. Della Meanes, 328 E. Front St., Maysville, Ky., says: "Seven years ago I began to notice sharp pain in the kidneys and a bear-

ing down sensation through the hips, dull headache and dizzy spells, Dropsy appeared and my feet and ankles swelled so I could

not get my shoes on. I was in misery and had despaired of ever getting cured when I decided to try Doan's Kidney Pills. One box helped me so much that I kept on until entirely cured."

Foster-Milburn Co., Buffalo, N. Y.

Sold by all dealers, 50 cents a box.

Mr. Lingerlong-I had a queer advenare this afternoon-Miss de Muir (with a swift glance at the clock)-You mean yesterday aftertoon, I presume.

SORES AS BIG AS PENNIES.

Whole Hend and Neck Covered-Hair All Came Out-Cured in

Three Weeks by Cutteura. "After having the measles my whole bead and neak were covered with scaly sores about as large as a penny. They were just as thick as they could be. My hair all came out. I let the trouble run along, taking the doctor's blood remedies and rubbing on salve, but it did not seem to get any better. It stayed that way for about six months; then I got a set of the Cutlcura Remedies, and in about a week I noticed a big difference, and in three weeks it was well entirely and I have not had the trouble any more, and as this was seven years ago, I consider myself cured. Mrs. Henry Porter, Albion, Neb., Aug. 25, 1906."

"What do I get for this stunt?" asked the vain, but execrable, amateur. "If I were a police magistrate," answered the manager, "you would get 30 days; but, as I am not, you'll simply get out."

This Will Interest Many. F. W. Parkhurst, the Boston publisher, says that if anyone afflicted with rheumatism in any form, neuralgia or kidney trouble, will send their address him at 704-25 Carney Building, Bo ton, Mass., he will direct them to a perfect cure. He has no interest in anything to sell, only a desire to tell those afflicted how he was cured After

The eyes of seven persons out of ten are not matched as far as their power is

have tested it with success.

years of search for relief. Hundreds

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces in flammation, allays pain, cures wind colle. 25c a bottle.

Applying the Final Test. "Doctor," asked the patient, whose eyes and been undergoing treatment for a period

of hix months or more, "do you think they're all right now?" "Yes," said the oculist; "I think I can assure you, Mr. Pinchnickel, that your eyes are cured. But there is one more test I should like to apply. See if you

can read that at a distance of twelve or fourteen inches without blinking." Whereupon he laid his bill before him. -Chicago Tribune.

CASTORIA

The Kind You Have Always Bought Signature of Charff fletchers

New York Central Lines

NEW YORK

The "DIFFERENT" Route

WHY?

It Lands you "IN" New York City Grand Central Station

Only railroad terminal in New York. Right in the heart of the hotel and residence district. Subway station under same roof. Fifteen minutes to Brooklyn without change.

All you have to do is-

Get on the train "IN" Chicago or St. Louis Get off the train "IN" New York

-Then you're there



"LAKE SHORE" The Route of the "Mith Century Limited" "MICHIGAN CENTRAL" VIA CHICAGO "BIG FOUR ROUTE" VIA ST. LOUIS



WARREN J. LYNCH, Passenger Traffic Manager, CHICAGO

WE GIVE AWAY OVER 1000

Valuable Household and Fancy Presents Free, in Exchange for Carton Tops and Soap Wrappers from "20-Mule-Team" Borax and Borax Products. Send Postcard for 40-page Illustrated Catalogue. Address
PACIFIC COAST BORAX CO., CHICAGO, HLL.



SUMMER 1908 TORONTO, ONT., and Return (after July 1st, \$15.60) - - - \$13.60
MONTREAL, OUE., and Return - - - - - - 20.66 MONTREAL, QUE., and Return - - - - -QUEBEC, QUE., and Return - - - - - - - - - - - - 24.00 ROYAL MUSKOKA, ONT., and Return (Highlands of Ontario) - 17.95 NORWAY POINT, ONT., and Return (New Hotel "Waws," Lake of Bays) 17.55 NIAGARA FALLS and Return (during June only) - - - -

PORTLAND, ME., and Return - - - - - - - -OLD ORCHARD, ME., and Return 27.75 Also to about one hundred other favorably situated places in Canada and New England. Tickets on sale daily June 1st to September 30th, 1908. Good thirty days from date of calls. St. Lawrence River trip can be included at somewhat higher fares. Longer limit tichete at

BOSTON, MASS., and Return - - - - - - - - -

higher fares are also on sale. Liberal stop-over arrangements. GEO. W. VAUX, Assistant General Passenger and Ticket Agent

135 Adams Street, Chicago

When It Rises. Teacher (of geography class)-Name the largest city on the Ohio river.

Shaggy Haired Pupil - Cincinnati, ma'am; but it ain't on the Ohio river only part of the time.

Teacher-Indeed! Where is it the res Shaggy Haired Pupil-In it.

You Can Get Allen's Foot-Ease FREE Write to-day to Allen S. Olmsted, Le Roy, N. Y., for a FREE sample of Allen's Foot-Ease, a powder to shake into your shoes. It cures tired, sweating, bot, swollen, aching feet. It makes new or tight shoes easy. A certain cure for Corns and Busions. All Druggists and Shoe Stores sell it. 25c.

Eventually.

Reporter-Do von ever contribute anything to foreign papers? Comic Bard-Why-er-yes; on look ing over the miscellany columns of the papers I find that I contribute lots of stuff to the London Tit-Bits.

Instant Relief for All Eyes that are irritated from dust, heat, sun of wind, PETTIT'S EYE SALVE. All druggists or Howard Bros., Buffalo, N. Y.

The ostrich farming industry of southern California represents an investment of \$750,000 and the annual output of

Keeps the breath, teeth, mouth intiseptically clean and free fr

healthy germ-life and disagreeable od which water, soap and tooth prepara alone cannet do. A germicidal, disin-fecting and deodor-izing toilet requisite of exceptional excellence and economy. Invaluable for inflamed eyes, throat and nasal and uterine catarrh. At drug and toilet stores, 50 cents, or by mail postpaid. Large Trial Sample WITH "HEALTH AND BEAUTY" BOOK BENT PRES

If afflicted with Thompson's Eye Water

S. C. N. U. - - No. 23-1908

THE PAXTON TOILET CO., Boston, Mass.

TEN MILLION BOXES A YEAR The most wonderful record in all history - merit made it. The great sums of money spent in advertising

have only served to make CASCARETS known, but the greatest advertisement ever printed could do no more than induce a person to try CASCAR TS once - a free sample, or at most, a 10 cent box. Then comes the test, and if CASCARETS had not proved their merit beyond the highest expectations there would not today, after five years on the market, be a sale of nearly a million boxes a month. This great success has been made by the kind words of our friends. No one who has ever tried CASCARETS fails to be pleased and talk nicely about them. CASCARETS are not only easiest to buy, te carry, to take, to give, but are also the best medicine for the bowels ever discovered. Files full of CANDY CATHARTI voluntary THEY WORK WHILE YOU SLEEP testimoniala are a perfect cure for Consti parlon, Appendicitis, Billow ness, Sour Stomach, Sick Headsche Insomnia, Palpitation of the Heart, Bar Breath, Bad Blood, Pimples, Piles, Worms and all bove diseases of childhood and old age. They make mother's ilk mildly purgative. Mama takes a CASCARET, baby gets the benefit. Children like to take them. They are the one perfect, unequaled family emedy. Nothing more can be said. Everybody should carry a box in the pocket and have another in the house. Don't forget "they work while you sleep," and "a CASCARET at ight makes you feel all right -in the morning." The genuine tablet octagonal, stamped CCC, put up in ight blue enameled metal boxes, and never sold in bulk. Sold by all druggists, 10c, 25c, 50c