

# AGING WOMEN

## How Many Perfectly Well Women Do You Know?



MISS GRACE E. MILLER

MRS. W. S. FORD

"I am not feeling very well," "I am so nervous it seems as though I should fly," "My back aches as though it would break."

How often do you hear these significant expressions from women of your age? Most likely you speak the same words yourself, and there is a cause.

More than thirty years ago Lydia E. Pinkham of Lynn, Mass. discovered the source of nearly all the suffering endured by her sex. "Woman's Ills," these two words are full of more misery to women than any other two words that can be found in the English language. Sudden fainting, depression of spirits, reluctance to go anywhere, backaches, headaches, nervousness, sleeplessness, bearing-down sensations, displacements and irregularities are the bane of woman's existence.

The same woman who discovered the cause of all this misery also discovered a remedy. Lydia E. Pinkham's Vegetable Compound made from native roots and herbs holds the record for a greater number of absolute cures of female ills than any other one remedy the world has ever known and it is the greatest blessing which ever came into the lives of suffering women.

Don't try to endure, but cure the cause of all your suffering. Lydia E. Pinkham's Vegetable Compound at once removes such troubles. The following testimonial supports this:

**Hot Stuff.**  
Mrs. Chugwater—Joshua, this paper has a municipal ownership in an ignis fatuus." What is an ignis fatuus?  
Mr. Chugwater—That's so plain that anybody ought to know what it means at first sight. "Ignis" means fire, "Fatuus" is fat. The fat in the fire.—Chicago Tribune.

**Perennial.**  
Ruggles—Is Lollipop as full of good stories as he used to be?  
Ramage—You wouldn't think he'd be. He has unfolded them on all his friends at least a dozen times. But he is, Ruggles; he is.

**You Can Get Allen's Foot-Ease FREE**  
Write to-day to Allen S. Olmsted, El Roy, N. Y. For a FREE sample of Allen's Foot-Ease, a powder to shake into your shoes. It cures tired, aching, hot, swollen, aching feet. It makes new or tight shoes easy. A certain cure for Corns and Bunions. All Druggists and Shoe stores sell it. 25c.

**Only One "BROMO QUININE"**  
That is LAXATIVE BROMO QUININE. Specially named remedies sometimes deceive. The first and original Cold Tablets is a WHITE PACKAGE with black and red lettering, and bears the signature of E. W. GROVE. 25c.

**Joviality Persevered.**  
"Well, my boy," said the doctor, "are you going to put out your tongue, as I told you to do?"  
"No," sullenly answered the boy. "I'm not going to put it out! I'm going to stick it out!"  
Which he did—at the doctor.

**Oats—Heads 2 Feet Long.**  
The John A. Salzer Seed Co., La Crosse, Wis., are bringing out a new sort of this year with heads 2 feet long! That's a wonder. Their catalog tells you all the details. The greatest cereal has food America ever saw. Catalog tells!

**FREE**  
Our mammoth 148-page Seed and Tool Catalog is mailed free to all intending buyers, or send 1c in stamps and receive free samples of new Two Foot Long Oats and other cereals and big catalog free.  
John A. Salzer Seed Co., Box C, La Crosse, Wis.

St. Paul ships more mushrooms than any other city, the supply coming largely from abandoned beer vaults.

**The Canadian West is the Best West**  
The testimonials of tens of thousands during the past year is that the Canadian West is the best West. Year by year the agricultural returns have increased in volume and value, and the Canadian Government offers 150 acres free to every bona fide settler.

**Some of the Advantages**  
The phenomenal increase in railway mileage—main lines and branches—has put almost every portion of the country within easy reach of churches, schools, markets, cheap fuel and every modern convenience.  
The NINETY MILLION BUSHEL WHEAT CROP of this year means \$20,000,000 to the farmers of Western Canada. It is the result of other grains and cattle.  
For advice and literature, address the Superintendent of Immigration, Ottawa, Canada.  
The authorized Canadian Government agent, J. D. Scott, Superintendent of Immigration, Ottawa, Canada, or E. F. Holmes, 31 Jackson St., St. Paul, Minn., and J. M. MacLellan, Box 11, Watertown, S. Dak., Authorized Government Agents.  
Please say where you saw this advertisement.

**FREE**  
To convince any woman that PAXTINE is the best medicine for eye troubles, send her absolutely free a booklet containing a box of Paxtine with book of instructions and genuine testimonials. Send your name and address on a postal card.

**PAXTINE**  
Paxtine cleanses and heals the eyes, soothes the inflamed membrane, relieves the irritation, and gives immediate relief. Thousands of women are using and recommending it every day. Write to the druggist or by mail. Remember, however, THE R. F. AXTON CO., Boston, Mass.

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## FARMERS CORNER

**Pumpkin Sugar in Iowa.**  
Sugar from pumpkins will be the next source of wealth which will be developed in Iowa, for the authorities at the agricultural college declare high-grade sugar will be made from them by a process even more simple than that required to make it from beets. Experiments have resulted in the production of a species of pumpkin which contains 4 per cent of sugar, and it is the prediction that in three years the sugar content will be increased to 12 per cent. This is equal to the quantity of sugar found in the best variety of sugar beet. Because pumpkins are easily raised and a tonnage may be produced to the acre which will exceed that of sugar beets, the new sugar pumpkin will open up a valuable field for the Iowa farmer. The pumpkins may be planted in the cornfields, and the same soil which will produce corn may be made to produce a crop of pumpkins at the same time.—American Cultivator.

**Cleanliness in the Dairy.**  
The Kansas Experiment Station says very truly, in a bulletin: Cleanliness is the first law which should be observed by every man who in any way manufactures or handles dairy products. Any condition which will promote this end effectively should be established. The simpler these conditions can be made the better. Unclean dairy utensils are among the greatest sources of contamination of milk. This contamination is due to the presence of undesirable bacteria. The undesirable bacteria are those that produce taints in milk and which exist principally in filth lodged on the surface and in the crevices of dairy utensils. They are minute organisms which have the power of multiplying very rapidly under favorable conditions.

**Feeding the Young Calf Milk.**  
A dairy farmer of experience gives his plan of teaching young calves how to drink milk without trouble, and says in the Tribune Farmer that he lets the calf stay with the cow a few hours only, then he milks the cow in a few hours after removing the calf and puts the bucket of warm milk to the calf's nose so as to touch it, and in a minute or two it will drink, and the work is done. The calf has now learned to drink like other animals, and the trouble of feeding milk to calves is over. The mistake usually made is in allowing young calves to run with the cow several days, and so it has learned to suck, and it is hard to teach it any other way.

**Best Sizes of Trees to Plant.**  
We have always had the best success with planting out the medium-sized tree. In apples, cherries and plums we would rather have a two-year-old tree, 4 to 6 feet, than a thirty-year-old tree, 6 to 7 feet, do well when the conditions are favorable, but if the conditions are not favorable, following the transplanting of the trees of this size, they often get the heaves, from which it takes several years to recuperate, and the objection of planting out very small trees is that they are much more liable to be injured by rabbits and broken down by cultivation than the larger size.—Twentieth Century Farmer.

**Scrubby Fallblooms Denounced.**  
A cattle breeder tells some sound truth in the following: Breeders of pure-bred cattle would doubtless make more money if they would keep to self for breeding only those individuals that are expert judges would pronounce eminently worthy of duplication and fit all others for the block. The first alone would sell for more money in the aggregate than all of them would, and it would be better for buyers to pay the higher price the good animals would command. The poor, or scrub, fallblooms have created all the prejudice that now exists against "registered and pedigreed" cattle.

**Feeding Hogs.**  
Do not feed the hogs intended for slaughter a day longer than is necessary. They should be slaughtered as soon as the temperature of the atmosphere is at the freezing point, which is better than when the weather is severely cold. It costs more to keep the hogs after the weather is cold, as a portion of the food consumed must be utilized by the animals for warmth. There can never be an increase in the weight of an animal until its body is supplied with sufficient warmth to ward off the cold, for which reason warm quarters assist in saving food.

**Farm Management.**  
The farmer reduces the value of his own labor by keeping inferior stock or failing to secure large yields of crops, as the higher the prices and the greater the production the better the remuneration for the labor bestowed. There are periods when the farmer cannot perform work in the fields, for which reason he should aim to get his crops under shelter as soon as possible, in order to do some kind of work which can be performed inside the barn.

**Feeding Fowls.**  
While it is well to compel the fowls to scratch in litter, when grain is allowed, so as to exercise, yet the soft foods should be supplied from troughs in order to avoid the filth of the ground, the damp food easily accumulating dirt if thrown where the hens must walk over it and scum with each other for their supply. Many cases of disease in flocks can be traced to the lack of cleanliness in the use of soft foods for poultry.

**Wheat and Alfalfa.**  
Should wheat remain at present prices its culture can be made profitable if the proper methods are observed. There comes a time in a rotation that one is almost compelled to grow wheat. It has been frequently demonstrated that one can grow as much grain on a field three years out of five where alfalfa is used in the rotation as one could grow the same grain in succession for five years. Why raise five crops to get three years' results?—Field and Farm.

**Increased Yield from Beets.**  
According to estimates, the beet sugar production of the United States for the season of 1906-7 will exceed the yield of 1905-6 by nearly 22 per cent, the 1907-8 crop being figured, according to latest exhaustive compilations, at 345,000 tons of 2,240 pounds each. News emanating from sugar factories scattered throughout the entire country indicates considerably larger crops than those of the preceding season.

**Remember to Salt the Cows.**  
The carefully kept cows on the Detroit dairy farm receive four ounces of salt daily mixed with their feed. They eat their food better, and the owner thinks they do better when they have this amount than when the allowance is smaller. The cows are fed three times a day, and the salt is divided between the three feedings.

down breeds. They are adapted to the more rough and broken sections of Wisconsin where the range is ample and pasturage scant.

**Instructions in Dairying.**  
Dairying schools are now in operation in many States, and short courses of instruction on butter and cheese making are given at some of the agricultural colleges. It was long ago demonstrated that inferior butter could not compete with oleomargarine, and that good butter of choice quality could always be sold at a fair price. The fact has also been demonstrated that there was much to learn in making good butter, and that cleanliness and the proper management of the milk were essential in producing the choice article. There has been a wonderful advance in methods of butter making, and oleomargarine is responsible for it. Consumers will not purchase the counterfeit article if they can get the genuine, and poor butter is as much a counterfeit as any other imitation.

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**Words of Praise**  
For the several ingredients of which Dr. Pierce's medicines are composed, as given by leaders in all the several schools of medicine, should have far more weight than any amount of non-professional testimonials. Dr. Pierce's Favorite Prescription has THE BADGE OF HONESTY on every bottle-wrapper, in a full list of all its ingredients printed in plain English.

If you are an invalid woman and suffer from frequent headache, backache, yawning, distaste in stomach, periodical pains, disagreeable, catarrhal, pelvic drain, dragging-down distress in lower abdomen or pelvis, perhaps dark spots or specks dancing before the eyes, faint spells and kindred symptoms caused by female weakness, or the derangement of the feminine organs, you can not do better than take Dr. Pierce's Favorite Prescription.

The hospital, surgeon's knife and operating table may be avoided by the timely use of "Favorite Prescription" in such cases. Thereby the obnoxious examinations and operations of the family physician can be avoided and a thorough course of successful treatment carried out in the privacy of the home. "Favorite Prescription" is composed of the very best native medicinal roots known to medical science for the cure of woman's peculiar ailments, contains no alcohol and no harmful or habit-forming drugs.

Do not expect too much from "Favorite Prescription." It will not perform miracles; it will not dissolve or cure tumors. No medicine will. It will do as much to establish vigorous health in most weaknesses and ailments peculiarly incident to women as any medicine can. It must be given a fair chance by perseverance in its use for a reasonable length of time.

You can't afford to accept a spurious preparation as a substitute for this remedy of known composition.

Sick women are invited to consult Dr. Pierce, by letter, free. All correspondence is guarded as sacredly secret and womanly confidences are protected by professional privacy. Address Dr. R. H. Pierce, Buffalo, N. Y.

Dr. Pierce's Pleasant Pellets the best laxative and regulator of the bowels. They invigorate the stomach, liver and bowels. One a laxative; two or three a cathartic. Easy to take as candy.

**Generous Estimate.**  
Saint Saens complains that American society is composed of three parties. The first party are the "browns," who deem the gentleman's estimates distinctly liberal.—Richmond Times-Dispatch.

**FITS**  
St. Paul, Minn. and all Nervous Diseases. Fits, Epilepsy, St. Vitus' Dance, etc. Dr. J. C. Smith, 100 N. 2nd St., St. Paul, Minn. Special Free Trial Bottle and Booklet. Dr. H. H. LIME, 101 Arch Street, Philadelphia, Pa.

Female house servants command from \$5 to \$20 a month in South Africa.

**Defeat Laid to His Aura.**  
A case which has recently been decided in the French courts is that of M. Laurenon, who at the time of the last general election was running for office in the Briancon district.

For the purpose of the campaign he hired a motor car to take him about, but encountered no little difficulty in his travels owing to the hilly nature of the roads and the frequency with which the machine was put out of business. After the result of the issue was made known and his defeat published M. Laurenon promptly brought suit against the company from which he had hired the machine, claiming that but for its inefficiency he would have been successful.

The numerous breakdowns had prevented him from visiting all of his electors, in other words, and he argued that the fault lay entirely with the machine and with its management. After a long and heated trial, however, he was nonsuited.

**PILES CURED IN 6 TO 14 DAYS.**  
PAIN OINTMENT is guaranteed to cure any case of itching, bleeding or protruding piles in 6 to 14 days or money refunded 50c.

**System.**  
Railway Magnate—I don't see how the accident could have happened. We run our road on the block system.

**Unreasonable Person.**  
You're so busy running out blocks of watered stock that you can't pay any attention to the way you run your trains.

**Always Obliging.**  
The fair divorcee beamed on the South Dakota judge.

"It was awfully jolly for you to get a hustle on for the sake of a heart-broken woman," she said, "so I can catch the first train; but, judge, I want to ask one more favor."

"Would you mind throwing in with the decree a set of application blanks for my next suit?" she went on. "You see, judge, I'm going to marry again right off. Thanks ever so much. Au revoir." And blowing a kiss daintily in the direction of the bench she vanished.—Philadelphia Ledger.

**MUSCULAR AILMENTS**

The Old-Monk-Cure will straighten out a contracted muscle in a jiffy.

**ST. JACOBS OIL**

Don't play possum with pain, but 'tend strictly to business. Price 25c and 50c

**GREGORY'S SEEDS**  
Are the kind you want. J. J. Gregory & Son, Manufacturers, Mass.

**A Positive CATARRH CURE**  
Ely's Cream Balm is quickly absorbed. Gives Relief at Once.

It cleanses, soothes, heals and protects the diseased membrane. It cures Catarrh and drives away a Cold in the Head quickly. Restores the Senses of Taste and Smell. Full size 50c, at Drug Store or by mail; Trial Size 10c, by mail. Ely Brothers, 56 Warren Street, New York.

**MAY FEVER**  
FARMERS FOR RENT. 1000 ACRES. \$1000 PER YEAR.

Affiliated with Thompson's Eye Water. S. C. N. U. - No. 9-1907.

## One of the Important Duties of Physicians and the Well-Informed of the World

is to learn as to the relative standing and reliability of the leading manufacturers of medicinal agents, as the most eminent physicians are the most careful as to the uniform quality and perfect purity of remedies prescribed by them, and it is well known to physicians and the Well-Informed generally that the California Fig Syrup Co., by reason of its correct methods and perfect equipment and the ethical character of its product has attained to the high standing in scientific and commercial circles which is accorded to successful and reliable houses only, and, therefore, that the name of the Company has become a guarantee of the excellence of its remedy.

**TRUTH AND QUALITY**  
appeal to the Well-Informed in every walk of life and are essential to permanent success and creditable standing, therefore we wish to call the attention of all who would enjoy good health, with its blessings, to the fact that it involves the question of right living with all the term implies. With proper knowledge of what is best each hour of recreation, of enjoyment, of contemplation and of effort may be made to contribute to that end and the use of medicines dispensed with generally to great advantage, but as in many instances a simple, wholesome remedy may be invaluable if taken at the proper time, the California Fig Syrup Co. feels that it is alike important to present truthfully the subject and to supply the one perfect laxative remedy which has won the approval of physicians and the world-wide acceptance of the Well-Informed because of the excellence of the combination, known to all, and the original method of manufacture, which is known to the California Fig Syrup Co. only.

This valuable remedy has been long and favorably known under the name of—Syrup of Figs—and has attained to world-wide acceptance as the most excellent of family laxatives, and as its pure laxative principles, obtained from Senna, are well known to physicians and the Well-Informed of the world to be the best of natural laxatives, we have adopted the more elaborate name of—Syrup of Figs and Elixir of Senna—as more fully descriptive of the remedy, but doubtless it will always be called for by the shorter name of Syrup of Figs—and to get its beneficial effects always note, when purchasing, the full name of the Company—California Fig Syrup Co.—plainly printed on the front of every package, whether you simply call for—Syrup of Figs—or by the full name—Syrup of Figs and Elixir of Senna—as—Syrup of Figs and Elixir of Senna—is the one laxative remedy manufactured by the California Fig Syrup Co. and the same heretofore known by the name—Syrup of Figs—which has given satisfaction to millions. The genuine is for sale by all leading druggists throughout the United States in original packages of one size only, the regular price of which is fifty cents per bottle.

Every bottle is sold under the general guarantee of the Company, filed with the Secretary of Agriculture, at Washington, D. C., that the remedy is not adulterated or misbranded within the meaning of the Food and Drugs Act, June 30th, 1906.

**CALIFORNIA FIG SYRUP CO.**  
Louisville, Ky. San Francisco, Cal. U. S. A. New York, N. Y. London, England.

**A CASE OF BAD BOWELS**  
Are you happy? Not if your liver and bowels don't work. Happiness depends on the bowels. Every time you eat, you put into your body not only good material for repairs and fuel, but a mass of useless stuff that has to be removed promptly or it will clog your machinery, poison your blood, throw your liver out of gear, and make you act mean to those you love. Your stomach is sour, your skin yellow, your breath offensive, and you hate yourself and all mankind. Winter or summer it's all the same, when you are unclean inside, you are unhappy and so is everybody near you. The cure is pleasant, quick, easy, cheap, never fails. Cascarets are guaranteed to cure constipation, lazy liver, bad blood, bad breath, sour stomach, biliousness, and all summer and winter bowel troubles. Don't be unhappy—buy a box today. All druggists, 10c, 25c, 50c. Write for health booklet and free sample. Address Sterling Remedy Company, Chicago or New York.

**CURED BY Cascarets**  
CASCARETS  
CAMPBELL, CHICAGO

**PUTNAM FADELESS DYES**  
Color more quickly and faster colors than any other dye. One 10c package colors all 100 yds. They do not fade better than any other dye. You can dye any garment without fading. Write for free booklet—10c in 5c, black and blue colors. NONROE DYEING CO., Waterville, Me.