

How Many Perfectly Well Women Do You Know?



GRACE E. MILLER MISS

"I am not feeling very well," "I am so nervous it seems as though I should fly." "My back aches as though it would break.

How often do you hear these significant expressions from women friends. More than likely you speak the same words yourself, and there is a cause.

More than thirty years ago Lydia E. Pinkham of Lynn, Mass. discovered the source of nearly all the suffering endured by her sex. "Woman's Ills," these two words are full of more misery to women than any other two words that can be found in the English language. Sudden fainting, depression of spirits, rejuctance to go anywhere, backaches, headaches, nervousness, sleeplessness, bearing-down sensations, displacements and irregularities are the bane of woman's existence.

The same woman who discovered the cause of all this misery also discovered a remedy. Lydia E. Pink-ham's Vegetable Compound made from native roots and herbs holds the rooted for a greater number of the record for a greater number of absolute cures of female ills than any other one remedy the world has ever known and it is the greatest blessing which ever came into the lives of suffering women.

Don't try to endure, but cure the cause of all your suffering. Lydia E. Pinkham's Vegetable Compound at once removes such troubles. The following latters prove this :

### Hot Stuff.

Mrs. Chugwater-Josiah, this paper says "municipal ownership is an ignis. fatuus." What is an ignis fatuus?" Mr. Chugwater-That's so plain that author's peculiar explanation of how anybody ought to know what it means at first sight. "Ignis" means fire. "Fatnus" is fat. The fat's in the fire .-- Chleago Tribune.

### Percusial.

Ruggles-Is Lolliper as full of good author in his explanation attributes the stories as he used to be? Ramage-You wouldn't think he'd be. first caused him to drop the manu-He has unloaded them on all his friends at least a dozen times. But he is, Rug-

gles; he is,

fuddling the printers made them com-You Can Get Allen's Foot-Ease FREE mit a number of blunders never equal-Write to day to Allen S. Olmsted, Le Roy, N. X., for a FREE sample of Allen's Foot-Ease, a powder to shake into your shoes. It cures tired, sweating, hot, swollen, ach-



Pumpkin Sugar in lowa. Sugar from pumpkins will be the next source of wealth which will be developed in Iowa, for the authorities at the agricultural college declare highgrade sugar will be made from them by a process even more simple than that required to make it from beets. Experiments have resulted in the production of a species of pumpkin which contains 4 per cent of sugar, and it is the prediction that in three years the sugar element will be increased to 12 per cent. This is equal to the quantity of sugar found in the best variety of sugar beet. Because pumpkins are easily raised and

a tonnave may be produced to the acre which will exceed that of sugar beets, the new sugar pumpkin will open up a valuable field for the Iowa farmers. The pumpkins may be planted in the cornfields, and the same soil which will produce corn may be made to produce a crop of pumpkins at the same time .--American Cultivator.

A Tree Guard. Very often young trees, maples es-

pecially, are entirely destroyed by cattle reaching up and pulling the tops down, even when the tops would seem to be out of reach. Of course, cattle should not be where young trees are planted, especially

fruit trees; but it sometimes happens that this is not practicable. When this is the case use a guard such as is New Y shown in the illustration. It is made as follows:

TREE GUARD. Take two pleces of board (such as have come off some

breadth between 8 to 12 inches. Leave one of these boards intact. Cut the other into three equal lengths, and nall into the top of the uncut board, as shown in the illustration. Sometimes, if the fence is high enough, a short board, the one facing the fence, can be left out, and a cleat used instead.

and is accompanied by a list of errata The tree, before putting up the guard of fifteen closely printed pages. The should be posted, and the guard nailed to this post. mistakes to the devil, who, he says,

Best Sizes of Trees to Plant. We have always had the best success

down breeds. They are adapted to the more rough and broken sections of Wisconsin where the range is ample and Dasturage scant.

### Instructions in Dairying.

Datry schools are now in operation in many States, and short courses of instruction on butter and cheese making are given at some of the agricultural colleges. It was long ago demonstrated that inferior butter could not compete with oleomargatine, and that good butter of choice quality could al-

ways be sold at a fair price. The fact has also been demonstrated that there was much to learn in making good butter, and that cleanliness and the proper management of the milk were essential In producing the choice article. There has been a wonderful advance in methods of butter making, and oleomargarine is responsible for it. Consumers will not purchase the counterfeit article. If they can get the genuine, and poor butter is as much a conterfeit as any other Instation.

### Cleanliness in the Dairy.

The Kansas Experiment Station says very truly, in a bulletin ; Cleanliness is the first law which should be observed by every man who in any way manufactures or handles dairy products. Any condition which will promote this end effectively should be established. The simpler these conditions can be made the better. Unclean dairy utensils are among the greatest sources of contamination of milk. This contamination is due to the presence of undesirable bacteria. The undesirable bacteria are those that produce taints in milk, and which exist principally in filth lodged on the surface and in the crevices of dairy utensils. They are minute organisms which have the power of multiplying very rapidly under favorable con-

### Feeding the Young Calf Milk.

ditions.

A dairy farmer of experience gives his plan of teaching young calves how to drink milk without trouble, and says in the Tribune Farmer that he lets the calf stay with the cow a few hours only, then he milks the cow in a few hours after removing the calf and puts the bucket of warm milk to the calf's nose so as to touch it, and in a minute or two it will drink, and the work is done. The calf has now learned to

### old building), say about 7 feet long. drink like other animals and the trouble of feeding milk to calves is over. The mistake usually made is in allowing young calves to run with the cow several days, and so it has learned to suck. and it is hard to teach it any other way.

### Scrubby Fullbloods Denonneed.

A cattle breeder tells some sound truth in the following; Breeders of pure-bred cattle would doubtless make more money if they would keep to sell

for breeding only those individuals that are expert judges would pronounce emiwith planting out the medium-sized nently worthy of duplication and fit all tree. In apples, cherries and plums we others for the block. The first alone would rather have a two-year-old tree. would sell for more money in the ag-4 to 6 feet, that is thrifty than any gregate than all of them would, and it other size. Oftentimes the larger trees, would be better for buyers to pay the 6 to 7 feet, do well when the conditions higher price the good animals would

### Words of Praise

For the several ingredients of which Dr. Pierce's medicines are composed, as given by leaders in all the several schools of licine, should have far more weight than any amount of non-professional tes-timonials. Dr. Pierce's Favorite Prescription has THE BADGE OF HONESTY ON every bottle-wrapper, in a full list of all its in-gredients printed in plain English. If you are an invalid woman and suffer

If you are an invalid woman and suffer from frequent headache, backache, gnaw-ing district in stomach, periodical pains, disagreed ble, catarrhal, pelvic drain, dragging down distress in lower abdomen or pelvic, perhaps dark spots or specks dancing before the eyes, faint spells and kinded symptoms caused by female weak-ness, output derangement of the feminine organs, buy can not do better than take Dr. Pierces Favorite Prescription. The hespital, surgeon's knife and opera-ting table may be avoided by the timely use of Favorite Prescription in such cases. Thereby the obmoxious examin-

cases. Thereby the obnoxious examinations and local treatments of the family physician can be avoided and a thorough course of successful treatment carried out The privacy of the home. "Favorite Prescription" is composed of the very best native medicinal roots known to medical science for the cure of woman's peculiar aliments, contains no alcohol and no

ailments, contains no alcohol and no harmful or habit-forming drugs. Do not expect too much from "Favorite Prescription;" it will not perform mira-cles; it will not disolve or cure tumors. No medicine will. It will do as much to establish vigorous health in most weak-nesses and ailments peculiarly incident to women as any medicine can. It must be given a fair chance by persoverance in its given a fair chance by perseverance in its use for a reasonable length of time. You can't afford to accept a secret nes-

rum as a substitute for this remody of

Sick women are invited to consult Dr. Sick women are invited to consult Dr. Pierce, by letter, free. All correspond-ence is guarded as sacredly secret and womanly confidences are protected by professional privacy. Address Dr. R. V. Pierce, Buffalo, N. Y. Dr. Pierce's Pleasant Pellets the best laxative and regulator of the bowels. They invigorate stomach, liver and bowels. One a laxative; two or three a cathartic. Easy to take as candy.

### Generous Estimate.

Saint Saens complains that American society opera is composed of three parts clothes. The opera glass brigade will deem the gentleman's estimates distinctly liberal.-Richmond Times-Dispatch.

## FITS SL Vitar Dance and all Nervenz Disc. Persannently Cured by Dy. Klice's Gr Berve Bestern, Sond for Free Of trial builts and treat DR. R. H. KLINE, Id., Wil Arch Street, Philadelphia,

Female house servants command from \$5 to \$20 a month in South Africa.

care which has recently been de cided in the French courts is that of M. Laurencon, who at the time of the last general election was running for office in the Briancon district. For the purpose of the campaign he hired a motor car to take him about.

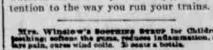
but encountered no little difficulty in his travels owing to the hilly nature of the roads and the frequency with which the machine was put out of business. After the result of the issue was made known and his defeat published M. Laurencon promptly brought suit against the company from which be had bired the machine, claiming that but for its inefficiency be would have been successful.

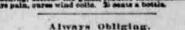
The numerous breakdowns had prevented him from visiting all of his electors, in other words, and he argued that the fault lay entirely with the machine and with its management. After a long and heated trial, however, he was nonsuited.

PILES CURED IN 6 TO 14 DAYS. PAZO OINTMENT is guaranteed to cure any case of Itching, Blind, Bieeding or Protrud ing Piles in 6 to 14 days or money refunded for

### System

Railway Magnate-I don't see how the ceident could have happened. We run our road on the block system. Unreasonable Person-I know You're so busy running out blocks of watered stock that you can't pay any at-





The fair divorcee beamed on the South Dakota judge.

"It was awfully jolly for you to get

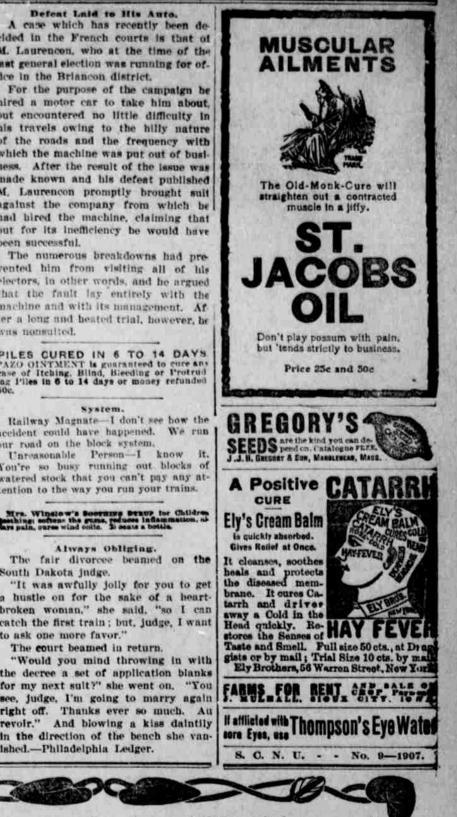
broken woman," she said, "so I can catch the first train ; but, judge, I want to ask one more favor."

The court beamed in return. "Would you mind throwing in with the decree a set of application blanks for my next suit?" she went on, "You

see, judge, I'm going to marry again right off. Thanks ever so much. Au revoir." And blowing a kiss daintily in the direction of the bench she van-

1000

ished.-Philadelphia Ledger.



## One of the Important Duties of Physicians and the Well-Informed of the World

is to learn as to the relative standing and reliability of the leading manufacturers of medicinal agents, as the most eminent physicians are the most careful as to the uniform quality and perfect purity of remedies prescribed by them, and it is well known to physicians and the Well-Informed generally that the California Fig Syrup Co., by reason of its correct methods and perfect equipment and the ethical character of its product has attained to the high standing in scientific and commercial circles which is accorded to successful and reliable houses only, and, therefore, that the name of the Company has become a guarantee of the excellence of its remedy.

### TRUTH AND QUALITY

appeal to the Well-Informed in every walk of life and are essential to permanent success and creditable standing, therefore we wish to call the attention of all who would enjoy good health, with its blessings, to the fact that it involves the question of right living with all the term implies. With proper knowledge of what is best each hour of recreation, of enjoyment, of contemplation and of effort may be made to contribute to that end and the use of medicines dispensed with generally to great advantage, but as in many instances a simple, wholesome remedy may be invaluable if taken at the proper time, the California Fig Syrup Co. feels that it is alike important to present truthfully the subject and to supply the one perfect laxative remedy which has won the appoval of physicians and the world-wide acceptance of the Well-Informed because of the excellence of the combination, known to all, and the original method of manufacture, which is known to the California Fig Syrup Co. only. This valuable remedy has been long and favorably known under the name of-Syrup of Figs-and has attained to world-wide acceptance as the most excellent of family laxatives, and as its pure laxative principles, obtained from Senna, are well known to physicians and the Well-Informed of the world to be the best of natural laxatives, we have adopted the more elaborate name of-Syrup of Figs and Elixir of Senna-as more fully descriptive of the remedy, but doubtless it will always be called for by the shorter name of Syrup of Figs-and to get its beneficial effects always note, when purchasing, the full name of the Company-California Fig Syrup Co .-plainly printed on the front of every package, whether you simply call for-Syrup of Figs-or by the full name-Syrup of Figs and Elixir of Senna-as-Syrup of Figs and Elixir of Senna-is the one laxative remedy manufactured by the California Fig Syrup Co. and the same heretofore known by the name-Syrup of Figs-which has given satisfaction to millions. The genuine is for sale by all leading druggists throughout the United States in original packages of one size only, the regular price of which is fifty cents per bottie.

# St., Baltimore, Md. writes : St., Baltimore, Md. writes : Dear Mrs. Pinkham;--"For four years mylife was a misery to me. I suffered from irregularities, sup-pression, terrible dragging sensations and extreme nervousness. I had given up all hope of ever being well again when Lydia E. Pinkham's Vegetable Compound was recommended. It cured my weakness and made me well and strong."

MRS.W. S. FORD

made me well and strong.

save your life.

Mrs. W. S. Ford of 1938 Lansdowne

Miss Grace E. Miller, of 1913 Michi-

Dear Mrs. Pinkham :-"I was in a very bad condition of health

generally; irritable, cross, backache and suffered from a feminine weakness. Lydia E. Pinkham's Vegetable Compound, cured me after all other medicines had failed."

What Lydia E. Pinkham's Vege-table Compound did for Mrs. Ford and

Miss Miller it will do for other women

in like condition. Every suffering woman in the United States is asked

to accept the following invitation. It

is free, will bring you health and may

Mrs. Plakham's Invitation to Women.

Women suffering from any form of

female weakness are invited to promptly communicate with Mrs Pinkham, at Lynn, Mass. From the

symptoms given, the trouble may be located and the quickest and surest way of recovery advised. Out of her

way of recovery advised. Out of heily vast rolume of experience in treating female ills Mrs. Pinkham probably has the very knowledge that will help your case. Her advice is free and always helpful.

A Book of Blunders.

the professional collector is esteemed

solely on account of its errata and the

so many blunders came to be made

the Mass." It consists of 172 pages

script in a ditch and thus made it al-

most illegible, and, secondly, by be-

The book is entitled "The Anatomy of

One of the most valuable books for

gan St., Buffalo, N. Y. writes:

A certain cure for Corns and Bunions. All Druggists and Shoe stores sell it. 25c.

British soldiers with defective eyesight are now required by the War Department to wear glasses.

Only One "BROMO QUININE" first and original Cold Tablet is a WHITE PACKAGE with black and red lettering, and bears the signature of E. W. GROVE. 25c.

### Juvenile Perversity.

"Well, my boy," said the doctor. "are you going to put out your tongue, as I told you to do?"

not going to put it out ! I'm going to stick it out !

Which he did-at the doctor.

Oats-Heads 2 Feet Long. The John A. Salzer Seed Co., La Crosse, Wis., are bringing out a new oats this year with heads 2 feet long! That's ler. Their catalog tells ! Spetz-the greatest cereal hay food America ever saw! Catalog tells!



FREE Our mammoth 148-page Seed and Tool Catalog is mailed free to all intending buyers, or send 6c in stamps and receive free samples of new Two Foot Long Oats and other cereals and big catalog free. John A. Salzer Seed Co., Box C, La Crosse, Wis.

St. Paul ships more mushrooms than any other city, the supply coming largely

from abandoned beer vaults.



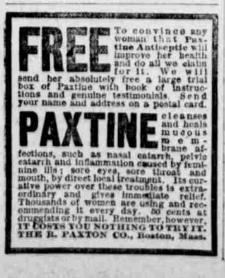
The testimony of tons of thousands during the past year is that the Canadian West is the best West. Year by year the acricultural retorns have increased in volume and in value, and still, a former victim of neuralgia sends to those who are still in its grasp. Hot those who are still in its grasp. Hot every bona fide settler

Some of the Advantages senses and others that reduce the heart action may cause temporary re-The phenomenal increase in railway milestre-main lines and branches- has put almost every portion of the country within easy reach of the puin is sure to return with churches, schools, marzetis, cheap fael and every modern convenience.

The NINETY MILLION BUSHEL WHEAT beautiful bome at \$11 Boulevard CROP of this year means shownow to the West. Detroit, Mich., suffered for

Agents. Please say where you saw this advertisement.

.



This is Worth Saving. The following simple home-made mixture is said to relieve any form of

Rheumatism or backache, also cleanse and strengthen the Kidneys and Bladder, overcoming all urinary disorders, taken before the stage of Bright's disease : Fluid Extract Dandelion, one-half ounce; Compound Kar-That is LAXATIVE BROMO Oninine, Simi- gon, one ounce; Compound Syrup Sarsaparilla, three ounces. Mix by shak ing well in a bottle and take in tea spoonful doses after meals and at bed

time. A well-known authority states that these ingredients are mainly of vegetable extraction, and harmless to use and can be obtained at small cost from "No !" sullenly answered the boy. "I'm any good prescription pharmacy. Those who think they have kidney trouble or suffer with lame back or weak bladder or Rheumatism, should give this prescription a trial, as no harm can possibly follow its use, and it is said to do wonders for some people.

### Thrilling Effect.

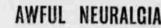
Softly and sweetly the church choir soprano gave her solo

woo-oo-oo-ould-ah not-ah live aw-aw aw-awl-l-l-way; I ah-ah-ahsk-ah not-ah to st-a-a-a-ay Whe-e-e-ere stor-r-r-rm after-r-r staw

aw-aw-awrm r-r-rises da-a-ark-ab o-o-o'er the wa-a-a-av; few-ew-ew-ew lur-r-r-id-ah maw-aw-

aw-awrnings that-ah daw-aw-awn aw-aw-awn us he-e-e-ere Ar-r-re enuh-uh-uh-uh-uff fawr life swo-o o-o-oes, fullee nuh-uh-uff faw rits

chee-ce-cer ! "My !" whispered the contralto to the "Didn't she squeak on that high basso. note !



Pain Turned This Woman's Halr White but She Was Cured by Dr. Williams' Pink Pills.

disease which is the cause of your

applications, powders that deaden the

The NINETY MILLION BUSHEL WHEAT CROP of this year means socoro.coo to the framers of Western Canada, spart from the For advice and information address the For advice and information address the Superintendent of Immigration, Ottawa, Canada, the authorized Canada a Government sgent. W. D. Scott, Superintendent of Immigration, Ottawa, Canada, or E. T. Holmes, migration, Chawa, Canada, or E. T. Holmes, migration, St. St. F. J. Minh, and J. M. MacLachian, Box intervent Agents. weak I could not do any work at all.

I had severe backaches and such dreadful headaches in the back part and top of my head. My eyes were easily tired and at times I saw black spots before them. I consulted several doctors but without the slightest The pains were so intense benefit. that my hair turned white.

"I lost continually in weight and strength and was almost in despair when a friend recommended Dr. Williams' Pink Pills. I tried them according to directions and soon began to feel relief. At the end of three months I had gained ten pounds in weight and had no more trouble with my nerves. I have been in perfect health ever since and can heartily commend Dr. Williams' Pink Pills." Dr. Williams' Pink Pills are sold by all druggists, or sent postpaid, on recelpt of price, 50 cents per box, six boxes for \$2.50, by the Dr. Williams Medicine Co., Schenectady, N. Y.

are favorable, but if the conditions are not favorable, following the transplanting of the trees of this size, they often get the backset from which it takes several years to recuperate, and the objection of planting out very small trees is that they are much more liable to be injured by rabbits and broken down by cultivation than the larger size .- Twen-

Negotiations for U. S. Cattle.

tieth Century Farmer.

The chief agrarian paper published in Berlin learns from a trustworthy source that the American tariff commissioners, who are now in Berlin conferring with the German tariff experts regarding German-American commercial relations, are discussing with them the importance of importing live Amer-

ican cattle into Germany, via Hamburg, where they will be slaughtered. The meat will then be conveyed to all parts of the country in railway refrigerator cars. The journal adds that negotiations are going on between various Hamburg shipping firms and the Hamburg authorities for the erection of the necessary buildings.

Soot as a Fertilizer. Soot from the chimneys is one of the

frequently recommended fertilizers among amateur florists. It is claimed to ward off certain insects and to destroy the worms in the soil, and is said to be an excellent fertilizer and invigorator. Ashes are also included in these home fertilizers. It should be remembered, however, that the ashes from wood and not from coal fires should be used, and then only in very small quantitles in the confined soil of the pot plants. In using the chlimney soot, a

teaspoonful in a pint of warm water is about the proper proportion. Poll Evil. If possible scatter the enlargement

so as to avoid opening it. A stimulat

ing liniment applied to the poll will probably be beneficial, therefore secure the following: Four ounces of turnentine, two ounces of tincture of lodine. two ounces of tincture catharides, six ounces of tincture capsicum, one pint of compound soap liniment. Mix up and apply to the parts daily until sore, then withhold for a few days and begin again. A cheaper liniment would be four ounces of alcohol, four ounces of eucalyptolin and a plut of water in the

Ground Flaxseed.

Ground flaxseed is sometimes found on the market, but in very limited

same way.

quantities. If the pure flaxseed meal is desired it is probably best for the farmer to grow the seed and grind it himself. It is often used to replace the fat in skim milk fed to calves. Both flaxseed and linseed or oll meal are laxative in their nature and for this reason should not be fed alone, but should be mixed with other grains.

Cheviot Sheep.

A Wisconsin man writes as follows of the Chevlot breed of sheep; The Cheviot breed of sheep is a comparatively small breed of a semi-mountainous character. They are sprightly and very active in their habits and are possessed of a fair mutton form, being low down and compact. The fleece is long and in fineness excels any of the vided between the three feeds.

command. The poor, or scrub, full bloods have created all the prejudice that now exists against "registered and pedigreed" cattle.

### Feeding Hogs.

Do not feed the bogs intended for slaughter a day longer than is necessary. They should be slaughtered as soon as the temperature of the atm sphere is at the freezing point, which is better than when the weather is se-

verely cold. It costs more to keep the hogs after the weather is cold, as a portion of the food consumed must be utilized by the animals for warmth. There can never be an increase in the weight of an animal until its body is supplied with sufficient warmth to ward off the cold, for which reason warm quarters assist in saving food.

### Farm Management.

The farmer reduces the value of his own labor by keeping inferior stock or failing to secure large yields of crops, as the higher the prices and the greater the production the better the remuneration for the labor bestowed. There are periods when the farmer cannot perform work in the fields, for which reason he should aim to get his crops under shelter as soon as possible, in

order to do some kinds of work which can be performed inside the barn.

### Feeding Fowls.

While it is well to compel the fowls to scratch in litter, when grain is allowed, so as to exercise, yet the soft foods should be supplied from troughs in order to avoid the filth of the ground, the damp food easily accumulating dirt if thrown where the hens must walk over it and scramble with each other for their supply. Many cases of disease in flocks can be traced to the lack of cleanliness in the use of

soft foods for poultry.

#### Wheat and Alfalfa.

Should wheat remain at present prices its culture can be made profitable if the proper methods are observed. There comes a time in a rotation that one is aimost compelled to grow wheat. It has been frequently demonstrated that one can grow as much grain on a field three years out of five where alfalfa is used in the rotation as one could grow the same grain in succession for five years. Why raise five crops to get three years' results?-Field and Farm.

### Increased Vield from Beets.

According to estimates, the beet sugar production of the United States for the season of 1906-7 will exceed the yield of 1905-6 by nearly 22 per cent, the 196-1-7 crop being figured, according to latest exhaustive compilations, at 345,000 tons of 2,240 pounds each. News emanating from sugar factories scattered throughout the entire country indicates considerably larger crops than those of the preceding season,

Remember to Sait the Cows.

The carefully kept cows on the Detroit dairy farm receive four ounces of salt daily mixed with their feed. They eat their food better, and the owner thinks they do better when they have this amount than when the allowance is smaller. The cows are fed three times a day, and the salt is di-

Every bottle is sold under the general guarantee of the Company, filed with the Secretary of Agriculture, at Washington, D. C., that the remedy is not adulterated or misbranded within the meaning of the Food and Drugs Act, June 30th, 1906.

### **CALIFORNIA FIG SYRUP** CO. San Francisco, Cal. New York, N. Y. U S. A. Louisville, Ky. London, England.

## A CASE OF BAD BOWELS

Are you happy? Not if your liver and bowels don't work. Happiness depends on the bowels. Every time you eat, you put into your body not only good material for repairs and fuel, but a mass of useless stuff that has to be removed promptly or it will clog your machinery, poison your blood,

throw your liver out of gear, and make you act mean to those you love. Your stomach is sour, your skin yellow, your breath offensive, and you hate yourself and all mankind. Winter or summer it's all the same, when you are unclean inside, you are unhappy and so is everybody near you. The cure is pleasant, quick, easy, cheap, never fails. Cascarets, the world's greatest bowel cleaner and liver tonic. Cascarets are guaranteed to cure constipation, lazy liver, bad blood, bad breath, sour stomach, biliousness,

and all summer and winter bowel troubles. Don't be unhappy-buy a box today. All druggists, 10c, 25c, 50c. Write for health booklet and free sample. Address Sterling Remedy Company, Chicago or New York.





MONROE DRVG CO., Vai

